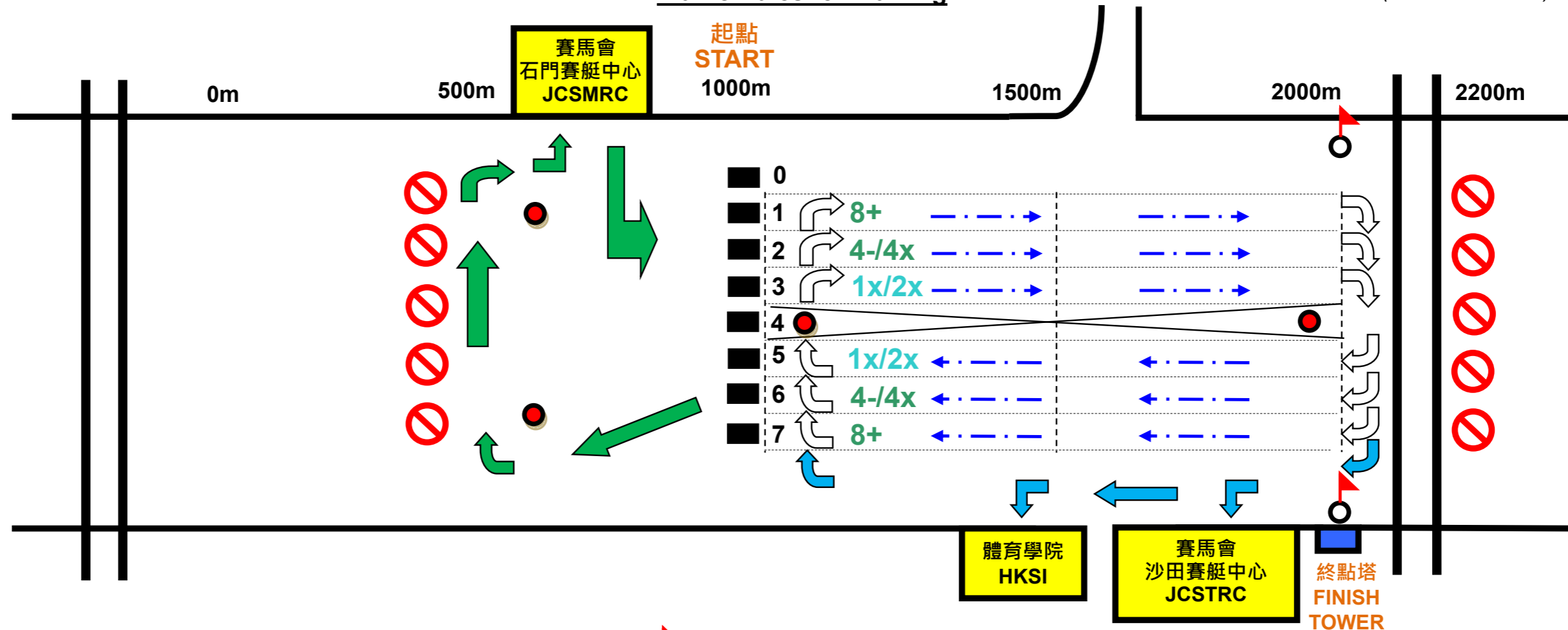




8TH 第八屆香港賽艇國際大師賽 HONG KONG ROWING INTERNATIONAL MASTERS REGATTA

練習航道規則 Traffic Rules for Training

(As at 09.02.2024)



- 圖示 Legend :**
- 大型浮波 Large buoy
 - 起步浮台 Starting pontoon
 - ⊘ 不准進入 No entry
 - · —▶ 訓練方向 Training direction
 - 大型浮波及紅旗 Large buoy with red flag
 - 進入指定練習航道方向 Direction to enter designated lane
 - 只限往返沙田賽艇中心及體育學院使用 JCSTRC & HKSI boats out/ return only
 - 只限往返石門賽艇中心使用 JCSMRC boats out/ return only

- 備註 Remarks :**
- 隊伍祇准如圖示在 " 1000m " 或 " 2000m " 進入指定練習航道。
Crews must enter the designated lanes for training at the point of "1000m" or "2000m" as shown in map.
 - 比賽當日，所有艇隻必須於首場比賽開始前的 30 分鐘停止河上練習並上水；而所有比賽開始後的 30 分鐘則可繼續進行河上練習。
On competition day, all boats must stop training on river and off water 30 minutes before the start time of the first race. Also, the training can be continued in 30 minutes after all races started.