

Race Bulletin

The Hong Kong, China Rowing Association (HKCRA) welcomes crews from local and overseas clubs to compete at the 8th Hong Kong Rowing International Masters Regatta.

Date : 14th April 2024 (Sunday)

Organised by : Hong Kong, China Rowing Association (HKCRA)

Subvented by : Arts and Sport Development Fund (Culture, Sports and Tourism Bureau)

Supported by : Leisure & Culture Services Department (LCSD)

Venue : Shing Mun Regatta Course, Sha Tin

Entry deadline : 25th March 2024 (Monday) before 12:00 noon (HK Time)

**The final race schedule will be subject to the number of entries and will be published on or before 2nd April 2024. The final start list will be published no later than 8th April 2024.

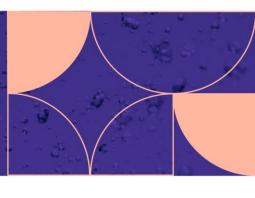












1. VENUE AND COMPETITION COURSE

The Regatta will be based at the Jockey Club Sha Tin Rowing Centre and the Jockey Club Shek Mun Rowing Centre, both of which are in Sha Tin adjacent to the Shing Mun River and are managed by HKCRA. Racing will take place on the Shing Mun Regatta Course which is a tidal river.

2. EVENTS

Race Lane Draw - A random draw for Heats (where required) and race lanes will be conducted on **Wednesday, 3rd April 2024**, at 7:00 p.m. HK Time at the Jockey Club Sha Tin Rowing Centre.

Race Distance

All events' distance will be 1,000 meters, starting from a fixed starting pontoon.

Events			Categories	
Men's Single Sculls	M1x	Women's Single Sculls	W1x	
Men's Double Sculls	M2x	Women's Double Sculls	W2x	Each of
Men's Quadruple Sculls	M4x	Women's Quadruple Sculls	W4x	these events
Men's Four (Coxless)	M4-	Women's Four (Coxless)	W4-	will be
Men's Eight	M8+	Women's Eight	W8+	offered in all
Mixed Double Sculls			Mix 2x	Masters Age
Mixed Quadruple Sculls			Mix 4x	Categories
Mixed Eight			Mix 8+	

- All competitors must reach the age of 27 or above on 31st December 2024 (excluding coxswains).
- Mixed Events crews must comprise half men and half women rowers (excluding coxswains).
- (1.) Club representatives are advised to make their entries with reference to the <u>"Preliminary Race Schedule" (Annex 1)</u>, especially for competitors entering more than one event. The race schedule <u>may be updated</u> subject to the total number of entries received in each event. HKCRA will not update the race schedule due solely to the double entry of any rowers.

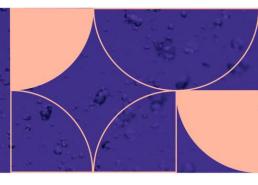
Each competitor may enter any number of Men's events or Women's events, but can only enter one Mixed event (Each competitor can only <u>enter</u> one Masters Age-group Category in the same event). In addition, due to the limited number of available boats for rental, the Organising Committee (OC) reserves the right to limit the number of entries accepted, based on the race schedule and the number of available rental boats.







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(2.) The Masters events (Mens, Women's and Mixed) are held according to the World Rowing Masters Categories as follows:

Masters A - Minimum age 27 years

Masters B - Average age 36 years or above

Masters C - Average age 43 years or above

Masters D - Average age 50 years or above

Masters E - Average age 55 years or above

Masters F - Average age 60 years or above

Masters G - Average age 65 years or above

Masters H - Average age 70 years or above

Masters I - Average age 75 years or above

Masters J - Average age 80 years or above

Masters K - Average age 83 years or above

Masters L - Average age 86 years or above

Masters M - Average age 89 years or above

(3.) According to Rule 38 of the Rules of Racing, the OC reserves the right to verify the identification document and exclude from an Event any rower who submits false or invalid information.

3. ENTRY FEES

Boat types	Entry fee per event
Eight (8+)	HK\$ 2,000.00
Quadruple Sculls/ (Coxless) Four (4x/4-)	HK\$ 1,000.00
Double Sculls (2x)	HK\$ 500.00
Single Sculls (1x)	HK\$ 250.00

NOTE: for boat and oar rental fees see Section 7.

(1.) Entry Platform – All entries shall be made through the online entry platform – Regatta Central: https://www.regattacentral.com/regatta/?section=overview&job_id=8965

ENTRY DEADLINE - 25th March 2024 (Monday) before 12:00 noon (HK Time). (No late entry will be accepted as the online system will reject any late entry automatically.)

(2.) The entry fee can be paid to Regatta Central (https://www.paypal.com/hk) on or before the entry deadline. Any crews having problems in making payment through this platform should contact HKCRA at hkrimr@rowing.org.hk.

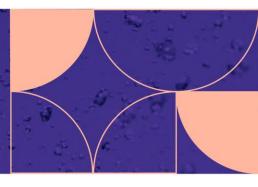


^{*}The coxswain is not included in the age of a crew. Age categories do not apply to coxswains.









- (3.) In the case of cancellation of the regatta, only 50% of the paid entry fee will be refunded in view of the need of the HKCRA to bear the logistics and set-up costs.
- (4.) For Hong Kong residents, all rowers must be **HKCRA Ordinary Members (OM).** All rowers **MUST** renew their membership before the Regatta and no renewals will be processed on the day of the regatta. (Rowers who are not residents in Hong Kong are exempt from this requirement.)

For Hong Kong residents, all crews and rowers must enter and compete under the name of a Club or Organisation registered with the HKCRA. Overseas rowers should enter in the name of a Club affiliated to their national rowing federation. No rower is allowed to compete for more than one Club at the Regatta.

4. RULES OF RACING

- (1.) By submitting their entry, each competitor confirms that they understand and agree to abide by the HKCRA Rules of Racing and Competition Notice. Anyone who does not meet the qualifications or does not comply with the requirements of the competition, or violates the Rules of Racing, whether before, during or after the competition, may be excluded from an Event and any fees shall not be refunded.
- (2.) Coxswains must be weighed with racing uniform on tested scales not more than two hours and not less than one hour before the start time of their first race in each event on each day of racing. The minimum weight for a coxswain wearing racing uniform is 50 kgs. To make up this weight, a coxswain may carry additional deadweight as close as practicable to their person in the boat. No article of racing equipment shall be considered as part of this deadweight. The coxswain may be of either gender.
- (3.) Racing uniform should be identical within a crew. Local Clubs should wear the uniform registered with the HKCRA. Each rower in a composite crew may wear the uniform of their own club.
- (4.) HKCRA Rules of Racing http://www.rowing.org.hk/wp-content/uploads/2023/07/HKCRA-Rules-2023-Formatted-Updated.pdf

5. LIABILITY AND INDEMNITY

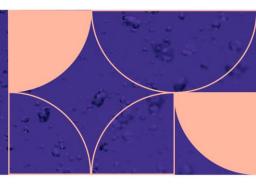
By entering the 8th Hong Kong Rowing International Masters Regatta, each competitor is agreeing to the Hong Kong, China Rowing Association Terms and Conditions which can be found in **Appendix 1** at the end of this document.











6. HEALTH AND FITNESS / INSURANCE

- (1.) Each competitor shall be responsible for their own health and fitness to enter and compete in the Regatta. All competitors shall be able to swim at least 50 metres in light clothing.
- (2.) All Overseas Teams must arrange their own personal insurance.

7. BOATS AND OARS RENTAL

- (1.) Competitors should use their own equipment for the Regatta. However, rental boats will be available to overseas crews and local crews whose Clubs do not have sufficient equipment of their own. Rental boats and oars will be shared between crews, and the allocation by the OC shall be final.
- (2.) A limited number of boats and oars are available for rent on a first-come, first-served basis. Teams wishing to rent equipment should submit the Equipment Rental Online Form on or before 25th March 2024 (Monday) before 12:00 noon (HK Time). The payment request will be issued via PayPal once all request details are confirmed. Boat Rental Form: https://www.cognitoforms.com/HKCRAHKCRA/第八届 赛艇国际大师赛队伍资料及租借艇 只 8thHongKongRowingInternationalMastersRegattaTeamInformationBoatAndOarsRentalForm
- (3.) Teams using rental boats and/or oars shall be responsible for all repair or replacement charges incurred from any equipment damage and replacement parts resulting from their use.

EQUIPMENT RENTAL FEES

Boat types	Rental fee per boat per event
Eight (8+)	HK\$ 2,800.00
Quadruple Sculls/ Four (Coxless) (4x/4-)	HK\$ 1,400.00
Double Sculls (2x)	HK\$ 700.00
Single Sculls (1x)	HK\$ 350.00





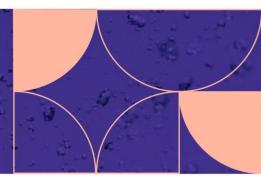












8. MEDALS AND CERTIFICATES

- (1) Medals will be presented only to the winner of each final as there is no progression system in this Regatta. If the number of entries exceeds the number of racing lanes, the entry will be divided into two or more finals.
- (2) Races of different age categories may be combined and a medal will be awarded to the winning crew in each age category. This applies to both men's, women's and mixed events.
- (3) In the case of 1 entry in an event, the crew will be required to race and the gold medal will be presented.
- (4) A certificate will be awarded to every competitor.

9. ACCOMMODATION AND TRANSPORT (For Overseas Teams only)

- (1.) Overseas teams shall be responsible for their own accommodation and transport.
- (2.) There are several hotels in the Sha Tin area which are easily accessible to both Rowing Centres.
- (3.) Public transport is very convenient between Sha Tin and the urban areas.
- (4.) Teams requiring further advice on either accommodation or transport matters (including transport of oars) should contact HKCRA at hkrimr@rowing.org.hk

10. WEATHER

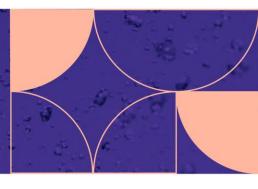
Hong Kong's climate is sub-tropical. During the month of April, the weather is expected to be rather dry and temperature is generally in the range of 24° C to 28° C.







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Organising Committee of 8th Hong Kong Rowing International Masters Regatta

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Chairperson	Ms. Anna Lee FISHER		
Members	Ms. CHAN Ngai Yan, Celia	Ms. Stella HON	
	Mr. Gary MEACHAM	Mr. TANG Hon Man	
	Ms. TANG Tik	Mr. Mike TANNER, BBS, MH	

Enquiries and Correspondence

All correspondence to	: Ms. Ang LAU	
	Hong Kong, China Rowing Association	
	Jockey Club Sha Tin Rowing Centre	
	No. 27 Yuen Wo Road, Sha Tin, N.T.	
	: (852) 3841 7217 (Ms. Alice LIU) - Events Manager	
Telephone	(852) 2699 7229 (Mr. Kelvin SO) - Events Executive	
	(852) 2699 7271 (Ms. Sharon KWONG) - Events Executive	
Email	. hkrimr@rowing.org.hk	

All the visitors and supporters are very welcome to take part in the Regatta. If you know any crews interested in competing but who do not receive this Bulletin, please furnish them with this or ask them to contact the OC directly.

OC of 8th Hong Kong Rowing International Masters Regatta 16th February 2024



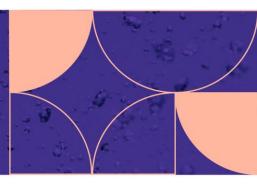












APPENDIX 1

8th Hong Kong Rowing International Masters Regatta Terms and Condition of Entry

By entering the 8th Hong Kong Rowing International Masters Regatta (the Event), each competitor agrees to the following Terms and Conditions which shall apply to all activities associated with the Event, including training and racing: -

- 1. The participant declares that the participant has full knowledge of the risks involved in water sports and rowing and is well prepared physically and sufficiently fit to compete in the Event.
- 2. The participant declares that they can swim at least 50 meters and is confident under water & treading water in clothing not less than racing uniform. Otherwise, the participant agrees that they shall be responsible to always wear a personal flotation device (pfd) when they are in the boat for the purposes of the Event, whether for training or racing.
- 3. The participant hereby indemnifies the Hong Kong, China Rowing Association (HKCRA), the Culture, Sports and Tourism Bureau (CSTB), the Leisure & Cultural Services Department (LCSD), the Supporting Organisations and the appointed officials, volunteers, staff & employees and shall not hold them liable for any claim or demand arising from the death, personal injury, damage or loss of property of the participant or their Club whereby such is not caused by negligence, which may occur in the course of or as a result of participation in the Event.
- 4. The participant agrees that they are entering the Event at his/her own risk and responsibility. The participant discharges the HKCRA, CSTB, LCSD and all other individuals and organisations connected directly or indirectly with the Event from any responsibility in the event of injury, death or loss of property incurred during, as consequence of, or while travelling to and from the Event.
- 5. The participant agrees that they shall comply strictly with all rules, regulations, requirements & instructions related to the Event and the participant shall be responsible for any death, personal injury or loss to property if such is cause by the violation of such rules, regulations, requirements & instructions by the participant.
- 6. The participant agrees to pay the costs of repair or replacement for any damages to any equipment caused by the participant.
 - **Medical Declaration**: It is the participant's responsibility to make known any potential medical conditions that may affect their health, safety and performance during the Event and related activities and to inform HKCRA, CSTB and LCSD of any subsequent conditions arising from or becoming known during or after the Event.
- 7. By entering the Event, the participant agrees to and confirms to accept and follow all the terms, conditions and points made and subsequently raised in these Terms and Conditions, in the Event Bulletin, the Rules of Racing, the Competition Notice and the Team Managers' Meeting.

