

Tolo Harbour Coastal Rowing Regatta 2024

2024 吐露港海岸賽艇賽

Race Bulletin

Invitation

The Hong Kong, China Rowing Association (HKCRA) is pleased to invite crews to compete at the Tolo Harbour Coastal Rowing Regatta 2024.

- Organised by : Hong Kong, China Rowing Association (HKCRA)
- Subvented by : Leisure & Cultural Services Department (LCSD)
- Venue : Wu Kai Sha Pebbles Beach
(Registration Counter and Changing Rooms at Chinese YMCA of Hong Kong – Wu Kwai Sha Youth Village)
- Competition Date : Sunday, 24th March 2024
- Race Distance : Approximately 525m
- Entry Fee : HK\$ 250 per person per event
- Entry Deadline : 29th February 2024, 12:00 noon, HK Time**

Tolo Harbour Coastal Rowing Regatta 2024

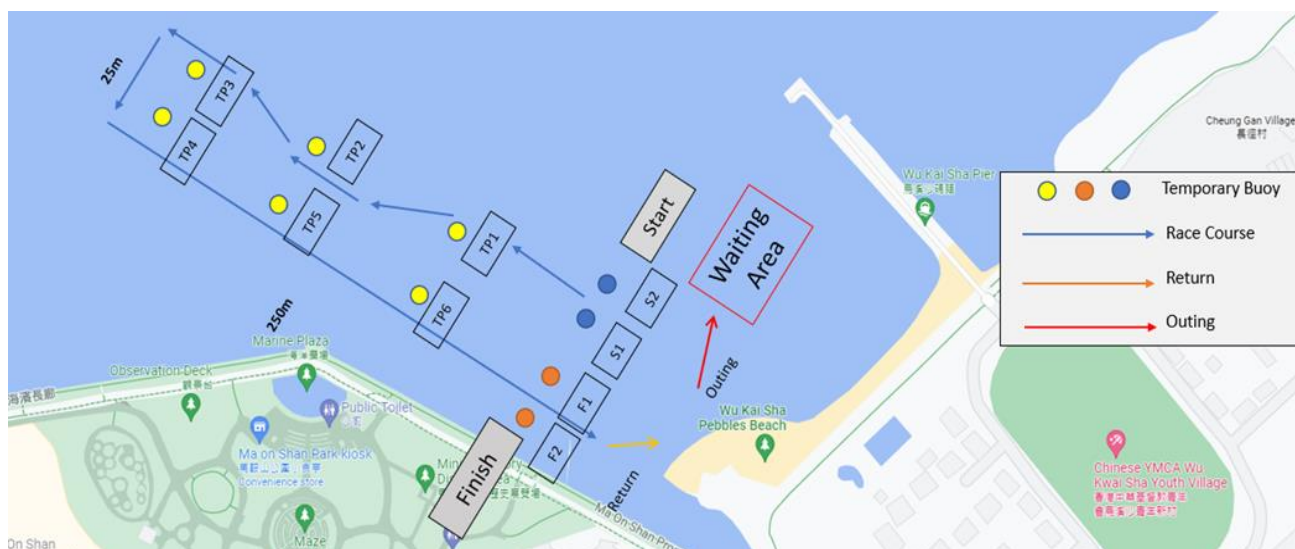
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VENUE AND COMPETITION COURSE

The Regatta is set to take place in the open-water area near Wu Kai Sha Pebbles Beach. The course will be a 525m sprint race in a "Processional format."

Under this format, each crew will participate in a 525-meter time trial, with a one-minute interval between the start of each crew. Each race will commence at the Start Line. Crews will navigate in a slalom manner around the first three buoys in the outbound racing lane. They will then turn at the end buoy and row parallel to the beach until reaching the fourth buoy. After rounding the fourth buoy, crews will race directly in a straight line back to the Finish Line. More details about the course can be found in the "**Race Course and Rules of Racing**" document.

The time taken by each crew to complete the course will determine the winning crew and the overall ranking of crews in each event and category.



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1. EVENTS, BOATS, OARS, FLOTATION DEVICES

Group 1	Group 2
Men's Double Sculls (CM2x)	Mixed Double Sculls (CMix2x)
Men's Coxed Quadruple Sculls (CM4x+)	
Women's Double Sculls (CW2x)	Mixed Coxed Quadruple Sculls (CMix4x+)
Women's Coxed Quadruple Sculls (CW4x+)	

- 1.1 The race schedule will be subject to the number of entries received in each event.
- 1.2 Each participant can only enter a maximum of **1 event in Group 1 and 1 event in Group 2**.
- 1.3 Boats, oars & personal flotation devices will be provided by HKCRA on a sharing basis. There will be 4 coxed quadruple sculls boats and 4 double sculls boats available. The Race Schedule will be determined based on the number of entries and will be confirmed shortly after the entry deadline. HKCRA reserves the right to cancel an event if only 1 entry is received and in such case the crew involved will be notified. Please refer to the "**Race Course and Rules of Racing**" document for other details.

2. ENTRIES AND FEE PAYMENT

- 2.1 **ENTRY PLATFORM** - All entries shall be made through the online entry platform - Regatta Central https://www.regattacentral.com/regatta/?section=overview&job_id=8964
ENTRY DEADLINE - 12:00 noon on 29th February 2024 (Thursday). (No late entry will be accepted as the Online System will reject any late entry automatically.)
- ENTRY FEE should be paid to Regatta Central (<https://www.regattacentral.com/>) through Paypal platform (<https://www.paypal.com/hk>) on or before the Entry Deadline. Any crews having problems in making payment through this platform should contact HKCRA at coastalrowing@rowing.org.hk
- 2.2 The HKCRA will NOT accept any hard copy or email entries.
- 2.3 In the case of event cancellation, **only 50% of the paid entry fee will be refunded** in view of the need of the HKCRA to bear the logistics and set-up costs.
- 2.4 Entries will only be accepted from rowers who are HKCRA Ordinary Members (OM). All rowers MUST renew their Ordinary Membership before the Regatta. Membership status can be checked at the HKCRA membership system. It is each rower's responsibility to ensure their Ordinary Membership is valid.
- 2.5 Every crew must enter and compete under the name of a Club registered with the HKCRA. No rower may compete for two different Clubs at the same Regatta.
- 2.6 The HKCRA reserves the right to amend the Schedule of Races should circumstances require.

Tolo Harbour Coastal Rowing Regatta 2024

2024 吐露港海岸賽艇賽

3. RULES OF RACING

- 3.1 HKCRA Coastal Rowing Rules will apply with certain local amendments. The local amendments and other guidelines are detailed in the **“Race Course and Rules of Racing”** document.
- 3.2 Clubs may substitute up to one-half numbers of rowers (including Coxswain) in all crews entered by them, provided that the substitutes are members of the same Club(s). All substitutions and withdrawals shall give notice to HKCRA at least 1 hour before their race; Late notice will not be accepted.
- 3.3 All crews should make themselves aware of the provisions for starting, false starts, turning around marker buoys, etc. and the penalties for any infractions.
- 3.4 Race uniform should be identical within a crew. Local Clubs crews should wear their Club racing uniform registered with the HKCRA.
- 3.5 In the processional time trial crews will start one after the other at 1-minute intervals, racing on the same course. Each crew will slalom out, followed by two 90-degree anti-clockwise turns, and then race directly back to the Finish Line.
- 3.6 Coxswains shall be weighed wearing racing uniform on tested scales not less than one hour and not more than two hours before their first race in each event in which they are competing. The minimum weight for a coxswain (wearing racing uniform) is 50 kg. (To make up this weight, a coxswain may carry additional deadweight as close as practicable to his/her person in the boat. No article of racing equipment shall be considered as part of this deadweight.)
- 3.7 Competitors (except coxswains) must compete in events of their own gender category.
- 3.8 Crews must be ready to start at the scheduled start time. The Starter may exclude a crew which is not present at their designated start time.

4. LIABILITY AND INDEMNITY

By entering the Tolo Harbour Coastal Rowing Regatta, each competitor is agreeing to the Hong Kong, China Rowing Association Terms and Conditions which can be found in **Appendix 1** at the end of this document.

5. MEDALS

- 5.1 Medals will be awarded to the first 3 ranked crews in each event.
- 5.2 The medals ceremony will take place at the beach starting at 12:30.

6. HEALTH AND FITNESS / INSURANCE

Each participant shall be responsible for their own health and fitness to enter and compete in the Regatta. All competitors shall be able to swim at least 50 metres in light clothing. It is the responsibility of each rower to meet this swimming ability requirement.

7. CREW CAPTAINS' MEETING

There will be a **Crew Captains' Meeting held at 08:30 a.m. on the race day, 24th March 2024**. Each team must assign at least **ONE** representative to attend this Meeting as it will include important

Tolo Harbour Coastal Rowing Regatta 2024

2024 吐露港海岸賽艇賽

information on race conduct, safety issues during the race and the crews' obligations to follow correct safety procedures

8 **SAFETY GUIDELINE**

All participants must read through the "***Safety Guideline***" which will be updated to the HKCRA website before the race.

9 **HKCRA USE OF PHOTOS AND VIDEOS OF PARTICIPANTS**

The HKCRA reserves the right to use videos or photographs of the event and participants for marketing, promotional and educational purposes.

10 **ENQUIRIES AND CORRESPONDENCE**

All correspondence to : Ms. Ang LAU, Head of Events and Administration
Ms. Alice LIU, Events Manager
Mr. Kelvin SO, Events Executive
Ms. Sharon KWOK, Events Executive

Telephone : 2699-7271/ 3841-7218

Fax : 2601-4477

Email : coastalrowing@rowing.org.hk

We are counting on your enthusiasm, help, and participation for the Tolo Harbour Coastal Rowing Regatta 2024. If any clubs or individuals are interested in contributing their skills in managing or assisting in the lead-up to the Regatta, please contact us promptly. Your support is greatly appreciated.

Tolo Harbour Coastal Rowing Regatta 2024

2024 吐露港海岸賽艇賽

APPENDIX 1

Tolo Harbour Coastal Rowing Regatta 2024, 24th March 2024

Terms and Conditions of Entry

By entering the Tolo Harbour Coastal Rowing Regatta 2024 (the Event), each competitor, or in the case of a rower who is under the age of 19 their parent or guardian on their behalf, agrees to the following Terms and Conditions which shall apply to all activities associated with the Event, including training and racing :-

1. The participant or their parent/guardian declares that the participant has full knowledge of the risks involved in water sports and rowing and is well prepared, physically, and sufficiently fit to compete in the Event.
2. The participant or their parent/guardian declares that the participant can swim at least 50 metres and is confident underwater & treading water in clothing not less than racing uniform and attire. Otherwise, the participant agrees that they shall be responsible to wear a personal flotation device (PFD) at all times when they are in the boat for the purpose of the Event, whether for training or racing.
3. The participant or their parent/guardian hereby indemnifies the Hong Kong, China Rowing Association (HKCRA), the Leisure & Cultural Services Department (LCSD), the Supporting Organisations and the appointed officials, volunteers, staff & employees and shall not hold them liable for any claim or demand arising from the death, personal injury, damage or loss of property of the participant or their Club whereby such is not caused by negligence, which may occur in the course of or as a result of participation in the Event.
4. The participant or their parent/guardian agrees that the participant is entering the Event at his/her own risk and responsibility. The participant discharges the HKCRA, LCSD and all other individuals and organisations connected directly or indirectly with the Event from any responsibility in the event of injury, death or loss of property incurred during, as consequence of, or while traveling to and from the Event.
5. The participant or their parent/guardian agrees that the participant shall comply strictly with all rules, regulations, requirements & instructions related to the Event and the participant shall be responsible for any death, personal injury, or loss of property if such is caused by the violation of such rules, regulations, requirements & instructions by the participant.
6. The participant or their parent/guardian agrees to pay the costs of repair or replacement for any damages to any equipment caused by the participant.

Medical Declaration: It is the participant or their parent's/guardian's responsibility to make known any potential medical conditions that may affect their health, safety and performance during the Event and related activities and to inform HKCRA and LCSD of any subsequent conditions arising from or becoming known during or after the Event.

7. By entering the Event, the participant or parent/guardian agrees to and confirms to accept and follow all the terms, conditions and points made and subsequently raised in these Terms and Conditions, in the Event Bulletin, the Notice to Competitors, the Rules of Racing and the Team Managers Meeting.