



Sunday, 24th March 2024

Notice to Competitor

The Tolo Harbour Coastal Rowing Regatta is an open-water race in coastal rowing boats. Here are some guidelines for competitors.

1. Race Course

The Regatta will be held in the open-water area in Wu Kai Sha near the Wu Kai Sha Pebbles Beach. It is an approximate 525m sprint race course and in "Processional format".

Every crew will row one 525m time trial, starting at intervals of 1-minute. They shall race from starting line in a slalom fashion around each of the first three buoys in turn in the outbound racing lane, turning at the end buoy, before rowing parallel to the beach to the fourth buoy. After rounding the fourth buoy, they shall then race directly in a straight line back and the finish line. Additional details of the course are shown in the "Race Course and Rules of Racing". The time trial results will provide an overall ranking for each category. (Map 1)











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2. Crew Captains' Meeting

There is Crew Captains' Meeting on race day before Race 1 and it will be at 08:30 a.m. on 24th March 2024 (Sunday) in **Pavilion of Wu Kai Sha Youth Village**. Each team shall assign at least **ONE representative** to attend the Crew Captains' Meeting as it will include important information on safety issues during the race and the crews' obligations to follow correct safety procedures.

3. Crew Changes and Withdrawal

Clubs may substitute up to one-half numbers of rowers (including Coxswain) in all crews entered by them, provided that the substitutes are members of the same Club(s). All substitutions and withdrawals shall give notice to HKCRA at the Registration Counter at least 1 hour before their race; Late notice shall not be accepted.

4. Registration

All participants must report to Boat Marshalls at the Registration Counter at the race venue with their valid HKCRA Ordinary Member cards before leaving the beach launching area. All competitors must be Ordinary Members of the HKCRA.

Registration officials will distribute a cloth number to the bow rower of each crew.

5. ID Check

All participants must report to Boat Marshalls with their valid identification document before leaving the beach. All non- Ordinary Member (OM) cannot be allowed to compete in the event.

6. Race Uniform

All crews should wear the registered racing uniform of their club.

7. Changing Rooms (see Site Map)

- **7.1** Please respect others' personal privacy and refrain from taking pictures or recording videos in the changing rooms;
- **7.2** Please do not store any valuables in changing rooms, all competitors should take care of their belongings; and

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7.3 All competitors are advised to change race uniform in the changing rooms.





