



# 10<sup>th</sup> Hong Kong Rowing Coastal Championships

香港海岸賽艇錦標賽

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## 10<sup>th</sup> Hong Kong Rowing Coastal Championships Sunday, 21<sup>st</sup> January 2024

### Safety Guidelines for Crews

The 2023 Hong Kong Rowing Coastal Championships is an open-water race in coastal rowing boats at RHKYC, Kellett Island, Causeway Bay. A Race Village will be set up on the adjacent shoreline based at the RHKYC. This Championships is in an area with currents, waves, shipping and ferry lanes plus buoys. For these reasons crews must be familiar with these safety guidelines and must at all times follow safe procedures.

#### 1. Crew Captains' Meeting

**There will be a Crew Captain's Meeting by zoom on Friday 19<sup>th</sup> January 2024 at 07:00pm. The meeting ID will be announced later.** All essential information relating to the race and safety will be provided in this meeting. **Crew Captains from each crew are required to attend.** Others are welcome. Crews which are not represented at this meeting may be excluded from the Championships. Updates relating to the event and any required assistance will be available at the Registration Counter on the day.

#### 2. Race Course

2.1 Course Location - The competition course will be a 4-kilometer course around a number of buoys with up to 10 boats in each race, starting together, with no designated lanes. The course for the Championships will be in Victoria Harbour. Starting from Kellett Island, crews will race east to City Garden, then turning around two buoys to head back past Kellett Island towards Wan Chai Ferry Pier, turning around 2 buoys and heading back to the finish line in front of RHKYC. The 4.0 km course **will be used for all races.** Refer to the map below. (Map 1).

2.2 Course Buoys - There will be large orange colour cylindrical buoys (Photo 1) - (Height: 2M x Diameter:1M) at the Start / Finish Line (RP6), and around the race course at turning points RP2, RP3, RP4 and RP5. Rowers must turn around the buoys in the correct direction at every point or they will be regarded as not completing the course and will not be ranked. The positions of all buoys are shown on the map below.

2.3 Other Motorised Vessels – All crews should note that Hong Kong Harbour is a working harbour with motorized vessels using the water space. Crews must at all times be aware of other vessels and must not put themselves or others in dangerous positions with regard to other vessels at any time.

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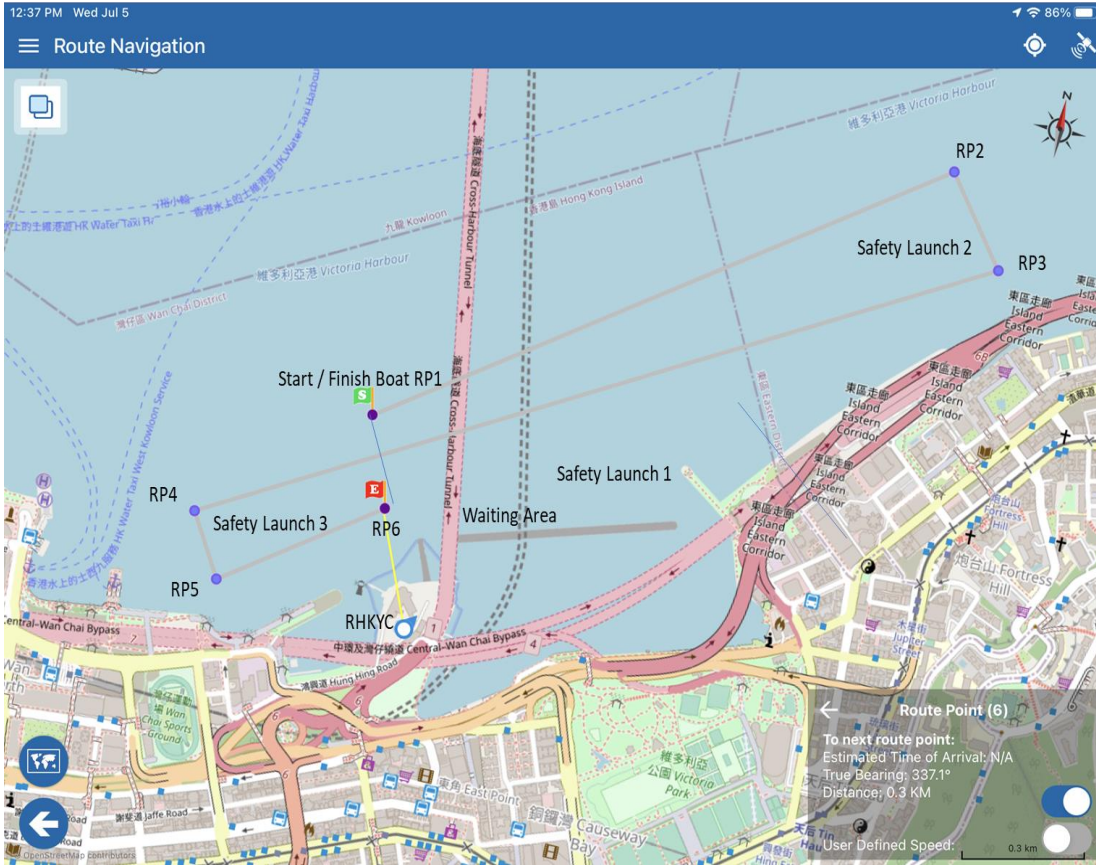
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### HONG KONG ROWING COASTAL CHAMPIONSHIPS COURSE 2023



- Route Point (1)**  
Latitude: 22° 17.258' N  
Longitude: 114° 10.846' E  
- START -

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- Route Point (2)**  
Latitude: 22° 17.676' N  
Longitude: 114° 11.505' E  
Distance: 1.4 KM  
True Bearing: 55.6°

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- Route Point (3)**  
Latitude: 22° 17.579' N  
Longitude: 114° 11.586' E  
Distance: 0.2 KM  
True Bearing: 142.5°

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- Route Point (4)**  
Latitude: 22° 17.109' N  
Longitude: 114° 10.653' E  
Distance: 1.8 KM  
True Bearing: 241.4°

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- Route Point (5)**  
Latitude: 22° 17.039' N  
Longitude: 114° 10.698' E  
Distance: 0.2 KM  
True Bearing: 148.9°

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- Route Point (6)**  
Latitude: 22° 17.159' N  
Longitude: 114° 10.886' E  
Distance: 0.4 KM  
True Bearing: 55.6°

(Map 1)

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Photo 1 (Buoys at the Course)

### 3. Rules of Racing

The HKCRA Rules of Racing shall apply. HKCRA Rules of Racing – Rules for Coastal Rowing Competitions

(<http://www.rowing.org.hk/wp-content/uploads/2023/07/HKCRA-Rules-2023-Formatted-Updated.pdf>)

### 4. Rowers Responsibilities

4.1 Swimming Ability and Responsibility for Health and Fitness - It is the responsibility of all rowers to be able to swim and to be familiar with all safety requirements. All teams are responsible to ensure their rowers do not suffer from any illness or injury that renders themselves unfit for the proposed activity.

4.2 Capsize or Accident - If a boat capsizes the rowers should free themselves immediately from the boat, keep your head out of the water and check carefully that all crew members have surfaced and are safe. Stay calm and hold on to the boat or oars and wait for the rescue boat. Provide support to any crew member who needs it. Under no circumstances should any rowers leave their boat as the boat is buoyant and will keep you afloat. If your boat is in a collision or your crew otherwise requires assistance, signal loudly to the umpire or nearby safety boat and wait for the safety boat to arrive.

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4.3. Personal Flotation Devices – Each boat will have on board one personal floating devices (PFD) for each crew member. Coxswains are required to wear their PFD. Rowers may wear the PFD or may just carry them in the boat in case they are needed. PFDs MUST NOT BE REMOVED FROM THE BOATS.

4.4 Hatches and Drain plugs - Rowers should ensure hatches and drain plugs are tightly closed before going on the water. It is the crews responsibility to ensure boats are drained of any water before they go out and after they return.

4.5 Feet Protection - Crews will launch boats from the slipway and rowers are advised to wear appropriate footwear to protect their feet.

## 5. Adverse Weather conditions

Racing will be suspended if there is a No. 3 Typhoon Signal or Red Rainstorm Signal or above or thunderstorms in the vicinity of the racing. The Organizing Committee, President of Jury and Safety Advisor reserve the right to suspend or delay racing in case of adverse weather conditions.

## 6. Collision avoidance

It is every rower's responsibility to avoid collision. Crews and scullers must keep a good observation and be aware of other boats and obstacles nearby. You are always obliged to keep clear of other boats or obstacles with the direction of your boat. Stop your boat if you find there might be any obstacle that endangers your crew and take appropriate actions to avoid any accident.

### IN PARTICULAR

- Crews must NOT change course to prevent another crew from passing;
- In the case of Severe Collisions the Umpire shall decide who is at fault and may impose a 60 second penalty on the crew responsible. A Red Card (exclusion) may be imposed without any previous warning in cases of a blatant disregard for the safety of other rowers and equipment.

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## 7. Rescue and Medical Services

Safety Advisors will be present who will closely monitor the whole Race and liaise with on-water and on-land rescue services as well as other related Authorities. On-water rescue services will be provided by the Hong Kong Life Saving Society (HKLSS). The sea rescue teams will be distributed over the course ready to act when required. First aid and emergency medical service will be provided on land at the competition venue with access to ambulance service and hospital treatment when required.

Safety Advisor  
2023 Hong Kong Rowing Coastal Championships

January 2024

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