

Hong Kong, China Rowing Association Annual Board Report 2022-2023

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Message of the Chairman

Since the end of the Covid mask mandate on March 1st, rowing has gradually returned to full swing in all dimensions. The year 2023 has become a year of recovery, resilience, and embracing new challenges and opportunities.

The majority of the planned races organized by the Association have been successfully delivered, with the exception of the Shing Mun 4 and Hong Kong Rowing Coastal Championship, which had to be cancelled or postponed due to a typhoon. However, I am glad to inform you that rowing competitions organized by our partnering organizations have also resumed and are operating smoothly.

The completion of the extension project at the Jockey Club Sha Tin Rowing Centre (HKJCSTRC) has allowed the rowing clubs, which were temporarily relocated to the Shek Mum Rowing Centre during the project, to return to their original location. This has brought about a return to normalcy in club rowing activities. Additionally, I am delighted to see that most of the rowing programs run by our partners at various venues across Hong Kong have also returned to normal and are continuing to develop.

Our Youth Rowing Academy has worked diligently to recover the youth program, which was significantly affected during the Covid period. Furthermore, the universities' rowing teams have made commendable efforts to recruit new members and reignite their rowing programs. It brings me great joy to witness the active participation and successful running of both the Inter-Universities Rowing Championship and the Inter-Schools Rowing Championships this year.

Since the reopening of the border, our rowing competitions have attracted rowers from overseas and mainland China to compete in Hong Kong. Moreover, with the rapid development of Community Rowing in China, we have received visits and active discussions on cooperation opportunities from government officials, rowing clubs, and sports event companies from various provinces, cities, and regions of China. As a result, we have seen a significant number of rowers from China participating in the

International Master Regatta and the Hong Kong Rowing Championships this year. Additionally, we successfully facilitated and co-hosted the SVS Shanghai-Hong Kong Virtual Indoor Rowing Cup, which was the first-ever simultaneous TV live broadcast indoor rowing competition for HKCRA.

Our high-performance rowing program continues to achieve remarkable results under the leadership of Kenny Wu, our Head Coach, and his coaching team. The season concluded with a remarkable achievement of 1 Gold (Men's Pair), 1 Silver (Women's Pair), and 1 Bronze (Men's Single) in the 2023 Asian Games. This Gold medal in the open event is a historic first for Hong Kong in the Asian Games.

While we celebrate these achievements, it is important to acknowledge the challenges and opportunities that lie ahead:

The completion of the extension project at the Hong Kong Jockey Club Sha Tin Rowing Centre has provided us with new facilities and additional space. It is now crucial for us to develop a financially sustainable business plan and leverage these resources to introduce new rowing programs and experiences that promote Hong Kong Rowing. This will be a significant task for us in the coming years.

The rapid development of rowing programs by our partners has resulted in an influx of new rowers in Hong Kong. To harness this potential, we need to mobilize these rowers across different partners and clubs, fostering interaction and collaboration. This will help create a larger and more vibrant Hong Kong Rowing community, while stimulating further rowing development. The Association will take the lead in facilitating this process.

It has been confirmed that Coastal Rowing beach sprint will be included in the rowing program for the 2028 Olympic Games. Although we have witnessed a rise in trip-based coastal rowing activities in Hong Kong, the development of the Beach Sprint format has been limited. We need to focus on programs and initiatives that accelerate the development of beach sprint in both high-performance rowing and community rowing.

Additionally, we should explore how trip-based coastal rowing can facilitate the development of beach sprint.

Our efforts in digital marketing and online presence have shown promising results. Since the launch of our Instagram platform in March 2021, we have seen significant growth, accumulating close to 2000 followers to date. As we move forward, it is essential to maintain our focus on digital marketing and online presence to ensure that the association remains aligned with market trends.

Over the past year, we have been exploring opportunities to collaborate with our partners, such as the Hong Kong Playground Association, on the TID and YDP programs. After a year of exploration, we anticipate that the program will soon commence operations in the coming year.

I would like to express my sincere gratitude to the Sports Federation and Olympic Committee of Hong Kong, China, as well as the Home Affairs Bureau, the Leisure & Cultural Services Department, and the Marine Department of Hong Kong SAR Government for their unwavering support over the past year. I would also like to extend my heartfelt appreciation to the Hong Kong Jockey Club for their generous funding of the Shatin Rowing Centre Extension Project, which will undoubtedly contribute to the long-term development of rowing in Hong Kong.

Lastly, I want to express my gratitude to everyone who has dedicated their time and efforts to the advancement of Hong Kong Rowing in the past year. It is through your passion and commitment that we have achieved these remarkable milestones.

With unwavering enthusiasm, let us continue to push the boundaries of rowing and embrace the opportunities that lie ahead.



Passion to go beyond 熱愛.無限

Yours faithfully,

Chairman

NG Kong Wan

CLUB ROWING COMMITTEE

Chairperson - Anna FISHER

The Club Rowing Committee is one of 11 Discipline Committees & Commissions – it is made up of volunteers who are rowing enthusiasts and who have a view on improving club rowing across all disciplines.

The purpose of the Club Rowing Committee is to aid and encourage the growth of club rowing. The Committee is responsible to the Board for the promotion, development and success of club rowing.

The main activities of the Committee are to:

1. Establish and implement policies for long-term sustainable development of club rowing in its current locations and in new locations wherever suitable conditions exist (subject to approval of the Board and in cooperation with relevant Commissions)
2. Initiate and implement policies for the sustainable development and operation of viable rowing clubs as the core element of the rowing structure in Hong Kong, to create and support a broad base of rowing activity in the community.
3. Promote the sport of rowing to the community through clubs and continually increase the number of people actively involved in club membership.
4. Coordinate and cooperate with other Committees to provide overlap and transition from one type of rowing to another where this is beneficial to the development of club rowing and where there is a demand for such overlap and/or transition.
5. Promote rowing club membership as a life-long involvement in sport.
6. Oversee and plan, together with the Executive Director and Technical Director and the Venues Commission, the most effective utilization of facilities and resources to support the success of clubs in the promotion of sustainable rowing activity and membership.
7. In cooperation with the Events Commission, to ensure that the rowing

competition programme in Hong Kong meets the requirements of promoting club rowing including the opportunities for hosting local international regattas to benefit local rowers.

8. Monitor the utilization of current facilities and coordinate with the Venues Commission and other Committees to develop a long-term plan to ensure sufficient facilities to anticipate and serve the current and future demand for club rowing activities.
9. Make proposals to the Board on matters of policy or on new policies related to club rowing which require Board approval.
10. Cooperate with all Commissions in their areas of specialty to ensure that rowing is promoted through active clubs and is organized in a positive and proactive manner for the long term benefit of the sport.
11. Manage the budget allocated for its activity by the Board and make submissions to the Board on related budget or financial issues.
12. Review from time to time these Terms of Reference for consideration by the Board.

Key Activities and Achievements in 2022- 2023:

- Facilitate an open environment for the exchange of feedback and ideas with club rowers, and continuously seek feedback from membership
- Encourage people from different demographics to row
- Encourage rowers at all levels to engage in local, regional and international rowing activities and competition
- Introduce appropriate boat types of corporations and disciplined forces.
- Continuously communicate with masters rowers to establish various master events to enhance the development of masters rowing in Hong Kong

Aims and Goals of the current session:

The members of the Club Rowing Committee were appointed in April 2022 with 4 new members added to support the work of the Committee. This year the Club Committee aims to bring about further improvement to facilitate existing rowing clubs to develop their programmes. The main aims and goals of the coming session

are:

- To keep striving to understand clubs' plans and challenges, and to continuously provide support.
- The committee also aims to work relevant Committees and Commissions, such as Event Commission, to encourage club rowers to join overseas regattas, and to create more rowing event opportunities of different demographics such as Masters rowing.
- To increase retention of people after rowing courses, and to increase exposure of rowing clubs, so as to connect potential rowers and rowing clubs together
- To conduct a survey and club forum to understand clubs' challenges in the Hong Kong rowing community

And most importantly, we look forward to more time on the water and to be able to meet more club rowers without pandemic restrictions!

2022-2023 Committee Members

- Anna FISHER - Chairperson
- HO Yu Hin, Nathan
- LEUNG Ying Kit, Timmy
- TUNG Ching Yee
- WONG Wan Yan
- YEUNG Yuk Man, Vick

COASTAL ROWING COMMITTEE

Chairman - CHEUNG Kwok Cheung John -

The coastal rowing committee is one of 11 discipline Committees & Commissions of HKCRA– it is made up of volunteers who are coastal rowing enthusiasts and have a view on improving local coastal rowing in all disciplines.

The purpose of the Coastal Rowing Committee is to aid and encourage the growth of coastal rowing to support the greater development of rowing in Hong Kong. Coastal Rowing currently serves the association as a recreational tool to connect rowing enthusiasts through regular outings at various locations as well as its inclusion in HKCRA's restructured galaxy programme.

In 2022/2023, the development of coastal rowing has resumed with the lifting of COVID restrictions in January 2023. With the pandemic restrictions at ease, the HKCRA managed to host the Tolo Harbour Regatta and coordinated closely with our partners in co-organising the Harbour Regatta and the 2022 & 2023 Around the Island Race.

The main responsibilities of the Committee are:

- 1) Subject to approval of the Board, establish and implement policies for the development of coastal rowing in suitable locations throughout Hong Kong;
- 2) Establish and implement policies for the creation and operation of coastal rowing clubs, utilising both new and existing organisations and facilities, to promote and support a broad base of coastal rowing activity and continually increase the number of people actively participating in coastal rowing;
- 3) Manage and develop the coastal rowing competition and activity programme in Hong Kong, including the opportunities for hosting local international regattas, and ensure these programmes achieve the objectives of developing and promoting the sport;
- 4) Cooperate closely with the other Committees and Commissions to ensure that coastal rowing is developed, managed and promoted in an active and sustainable

manner;

Key activities and Achievements in 2022-2023

Recreational Rowing Development

- Relocation of Coastal Boats (From Shing Mun River to Kellett Island, YMCA Wong Yi Chau (Sai Kung) & Wu Kwai Sha, Discovery Bay)
- Identified and secured new sites to develop coastal rowing
- Increase of HKCRA's footprints of coastal rowing in Hong Kong
- Regular outings of coastal rowing – Kellett Island, Sai Kung, Wu Kwai Sha
- The induction of Coastal Rowing into Star 3 Galaxy Course to increase reaches.
- Coastal Rowing Coaching Upgrades

Attributed Events & Upcoming Events

- 2022 Tolo Harbour Regatta (New Venue at Wu Kwai Sha)
- 2022 Around the Island Race
- 2022 BMW Around the Island Race

Venue Development

- RHKYC Kellett Island
- Discovery Bay – Lantau Boat Club
- Wu Kwai Sha YMCA -
- Wong Yi Chau YMCA

Equipment location

RHKYC Kellett Island – 4 CR4x+; 2 CR2x

Wu Kai Sai YMCA – 3 CR4x+; 2 CR2x

Wong Yi Chau YMCA – 2 CR2x

Discovery Bay LBC Rowing Section – 1 CR4x+; 2 CR2x

Summary

With the ease of pandemic restrictions, the coastal rowing committee still managed to maintain footprints of coastal rowing with new competition venues and regular

scheduled outings. With the inclusion of Coastal Rowing at the 2028 Olympics in LA, it will be vital that reasonable resources are invested in coastal rowing. The committee will continue to develop and identify new sites and racing formats for coastal rowing while also looking to review our current coastal events. We suggest the association to further purchase more Coastal Rowing Boats in the future to support more coastal rowing activities and events for development.

2022-2023 Committee Members

Mr. CHEUNG Kwok Cheung John - Chairman

Mr. CHOI Lung Cheung

Mr. CHAN Yim Wai Brian

Mr. CHEUNG Ming Hang, Keith

Mr. CHU Kai Hin, Kelvin

Ms. HO PERRY Kim Fai

Mr. KWAN Ka Chung

Ms. LAM On Ni, Annie

Mr. Stanley LAM

Mr. Yu Tak Fai

HIGH PERFORMANCE AND SELECTION COMMITTEE

Chairman - Mike TANNER

The Association's High Performance Programme is run in partnership with the Hong Kong Sports Institute (HKSI), which is the delivery agent for elite sports under the policy direction of the Secretary for Home Affairs. The programme is managed on a day-to-day basis by the HKSI Head Rowing Coach, who also serves as the Association's Technical Director. Close cooperation between the HKCRA and the HKSI is critical to the success of the High Performance Programme and to the future of rowing in Hong Kong.

The High Performance & Selection Committee (HPSC) is responsible to advise the Board on policy, strategic planning, selection and other matters directly related to the High Performance Programme. Members comprise the HKSI Head Rowing Coach, past elite rowing athletes who have represented HKG at the highest international levels, a HKSI Coach the President and Chairman of the Association and the Executive Director.

The purpose of the High Performance and Selection Committee is to support the HKSI Head Coach and the elite rowing programme.

The main activities of the Committee include:

- Subject to approval of the Board, to establish policies, competition targets and strategic plans for the development of high-performance rowing in Hong Kong;
- Provide support and advice to the Technical Director and high-performance coaching team.
- Propose policies and guidelines for the selection of crews to represent Hong Kong, China in international competition, and ensure that these meet international best-practice for fairness and transparency;
- When required, ensure that any selection appeal is properly and promptly referred to an independent Appeals Panel in accordance with the Association's appeals policies.
- Design and implement talent identification, athlete and coach development

pathways which will support and feed the high-performance programme in the long-term;

- Provide oversight and advice on Anti-Doping and Safeguarding, and on athlete support, recognition and incentives;

Key activities and Achievements in 2022/2023

- Support Head Coach and HKG Team in preparation, selection and build-up for the deferred 2022 Hangzhou Asian Games;
- Ratify selections for 2023 Asian Rowing Beach Sprints, Asian Beach Sprints Qualification Regatta for World Beach Games and 2023 Asian Rowing U19 and U23 Championships.
- Provide a representative on recruitment panels for HKSI Coach and Assistant Coach positions
- Advise the Association on procedures to meet the updated requirements of SF&OC on HKSAR flag and anthem protocols;

Summary

The members of the High Performance and Selection Committee were appointed in April 2022.

2022-2023 Committee Members

Mr. Mike TANNER - Chairman

Mr. LUI Kam Chi OLY

Ms. Fenella NG OLY

Mr. NG Kong Wan

Mr. Kenny WU

Mr. WONG Chi Wai

Mr. Michael WAN

Mr. Chris Perry (Adviser)

INDOOR ROWING COMMITTEE

Chairperson - YEUNG Yuk Man Vick

The indoor rowing Committee is one of 11 Discipline Committees & Commissions – it is made up of volunteers who are indoor rowing enthusiasts to improve local indoor rowing development in all disciplines.

The purpose of the Indoor Rowing Committee is to aid and encourage the growth of rowing communities by overcoming geographic barriers on access to such water for large areas of the population. Indoor rowing plays a key anchor role in HKCRA's community and school sports outreach programmes as well as being an integral part of our talent identification pathway.

The main activities of the Committees are:

- 1) Subject to the approval of the Board, establish and implement policies for the development of indoor rowing into a mass participation sport/activity throughout Hong Kong;
- 2) Promote indoor rowing to the widest possible range of existing organisations, with emphasis on self-organisation within the framework established by the HKCRA, i.e. organisation by and between the participating groups rather than depending on the HKCRA;
- 3) Promote indoor rowing to the community and continually increase the number of people and groups actively participating;
- 4) Manage and develop the indoor rowing competition and events programme in Hong Kong in cooperation with the Events Commission, including the opportunities for hosting local international indoor regattas to benefit local rowers, and ensure these programmes achieve the objective of promoting the sport;
- 5) Through reference to overseas practice, provide guidance to participating organisations and groups on the range of activities which are possible for the use of the indoor rower;

Key activities and Achievements in 2022/2023

Indoor Rowing Instructor (IRI) Courses

No. of course: 8

No. of participants: 74

Passing rate: 77%

2023 Hong Kong Rowing Indoor Championships & Charity Rowathon

No. of participants: 826

Regions: China, Chinese Taipei, Hong Kong, Macau, Pakistan

No. of new Hong Kong record: 12

No. of new all commers record: 8

Indoor Rowing for School (INRS) programme

No. of participating school: 16

Indoor Rowing for non-profit Organization (INRO) programme:

No. of participating organization: 2

1. Island Hostel, Hong Kong Student Aid Society (香港學生輔助會石壁宿舍)
2. Po Leung Kuk Pak Tam Chung Holiday Camp (保良局北潭涌渡假營)

Support our partners to create SDG world record for indoor rowing

1. Po Leung Kuk Pak Tam Chung Holiday Camp (保良局北潭涌渡假營)
2. The Unified Association of Kowloon West Limited (九龍西區各界協會)

New initiatives

- Combine technology and sport: bring VR rowing experience to public

2022-2023 Committee Members

Ms. YEUNG Yuk Man, Vick- Chairperson

Ms. CHAN Hoi Yiu

Ms. CHAN Ka Wai, Moraine

Ms. LEUNG Po King, Daisy

Mr. LUK Dick Sang, Dickson

OPERATIONS COMMITTEE

Chairman - NG Kong Wan,

The operations committee is one of 11 discipline Committees & Commissions of HKCRA– it is responsible to the Board / Council for supervision of the operation and management of the Association, including: -

- 1) Advising the Executive Director on operational matters;
- 2) Implementation of approved policy;
- 3) Commenting on policy proposals submitted to the Council and where appropriate submitting its own proposals to the Council;
- 4) Receiving reports from Committees and Commissions and the Executive Director and Technical Director;
- 5) Performing financial matters and other duties authorized by the Board of Directors;
- 6) Ensuring that the Association properly performed in accordance with the provisions of the other cooperating agencies.

Key Activities and Achievements in 2022/2023:

- Opening of JCSTRC
- Supported our affiliated club HKALPS to host the 1st ever Board Rowing Challenge in Kwun Tong Promenade.
- 2 phases of IT platform fully implemented
- Strategic Plan in progress
- Hosted 66th Festival of Sport – The Forest, Mong Kwok with our partner HKPA.

Outreach Events

- BMW ATIR 2023 – Co-Host arrangement
- Loaning of Equipment to assist affiliated clubs' development including sites at Mui Wor and Wu Kwai Sha YMCA
- SVS Shanghai-Hong Kong Virtual Indoor Rowing Cup – First ever simultaneously live competition for HKCRA.

- BMW ATIR 2023 – Co-Host arrangement
- Kai Duck Moon National Day and Mid-Autumn Fun – in supporting Kowloon City District Office.
- HKPA Ocean Explorer Event in Nov 23 at Wan Chai Temporary Promenade

Support our partners to create SDG world record for indoor rowing

- Po Leung Kuk Pak Tam Chung Holiday Camp (保良局北潭涌渡假營)
- The Unified Association of Kowloon West Limited (九龍西區各界協會) in collaboration with Kowloon City District Council

Summary:

The operations committee will continue to serve the rowing community by assisting in the operation and management of the Association. 2022/2023 was an important year for the Association as the new centre operations are fully open since October 2023 while setting out a clear strategic plan for 2023-2033 remains our priority.

2022-2023 Committee Members

Mr. NG Kong Wan - Chairman
Mr. NG Wing Ning, Victor
Mr. Ajmal Victor SAMUEL
Mr. Michael Scott TANNER, BBS, MH
Mr. Thuan Gia TRAN
Ms. YEUNG Yuk Man, Vick
Mr. Michael WAN

COACHING COMMISSION

Chair - LO Wan Kei Alex

The current Coaching Commission was formed in February 2023 and oversees the effective utilisation of coaching expertise by the HKCRA. It shall make recommendations or representations to the Board on coaching matters. It shall work closely with the Coaching Director who has professional responsibility for the coach education programme. The duties of the Commission include:

- 1) Maintain the HKCRA's register of qualified coaches;
- 2) Consider and propose to the Board policies and initiatives with regards to the activities and the quality of rowing coaches in Hong Kong;
- 3) Cooperate closely with the Coaching Director on matters relating to the coach education programme and coaching standards;
- 4) Propose to the Operations Committee for approval the method of selection of coaches for local or overseas training which may be funded by the HKCRA;
- 5) In cooperation with the Technical Director and Coaching Director provide opportunities for coaches to gain international experience and qualifications;
- 6) Propose to the Board an annual Coaching Awards structure to recognise best practices and performance, including the method of selecting awardees for the various categories;
- 7) Keep registered coaches informed of current practices and initiatives and activities of the Commission;
- 8) Prepare minutes of meetings, and also recommendations and advice to the Board, Operations Committee and to the relevant Rowing Committees as appropriate.

Key Activities and Achievements in 2022-2023:

- Refinement of Coaching Syllabus
- Continuous development of Board Rowing Instructors with HKCRA partners

Coaching Education Programmes in 2023:

- Two Level 1 coaching courses were completed in Feb 2023, 24 candidates have passed out of 35.
- A CPR and AED course was held on 14/1/2023, fully funded by Coaching Fund 12 coaches completed the training and obtained the qualifications.
- BREIA Exam x 5 courses, total 43 participants, 21 passed, 2 registered.
- IRI Exams x 8 times, total 74 participants, 57 passed, 30 registered.
- Asia International Marine School Limited (AIMS) was invited to conduct a Safety Boat workshop for coaches in 28/2/2023, 13 coaches and staffs participated. This course was also funded by Coaching Fund.

During the year of 2022/23, HKCRA has 103 registered coaches.

Summary:

The Commission continued to work tirelessly to refine our coaching matters and provide a structured coaching pathway development for our coaches.

To further improve coaching courses, the Coaching Commission will conduct a comprehensive review of all levels. This is also in response to World Rowing's updates on coaching materials which will be released in 2024. Based on the unsatisfying passing rates of recent Level 1 courses, we will refine the focus and syllabus of the course and prioritise practical sessions accordingly.

For the long-term development of coaches, the Commission will continue to organize various coaching workshops focusing on different skills enhancement.

The commission will continue to coordinate with relevant committees to enhance coaching content and increase the number and quality of coaches. This will enable us to reach a wider demographic.

2023 – 2025 Commission Members

Mr. LO Wan Kei Alex - Chairman

Mr. HUANG Zhongming - Member

Mr. LAM Wing Sang Jack – Member

Mr. WONG Wai Man Benjamin– Member

Ms. WONG Wan Yan – Member

Mr. YEUNG Ka Wai Wilson - Member

Ms. YEUNG Yuk Man Vick - Member

Ms. LO Wai Ling – Advisor

EVENT COMMISSION

Chairman - CHAN Ngai Yan Celia

The Event Commission is one of 11 Discipline Committees & Commissions – it is made up of volunteers who are dedicated in improving all competitive, club and out-reaching rowing events in Hong Kong.

The purpose of the Event Commission is to coordinate competition programmes for all branches of rowing and to establish and monitor the standards of organisation and facilities of competitive events and their presentational aspects.

The main activities of the Commission are:

- To recommend to the Board an annual competition programme to include all rowing competitions in Hong Kong;
- To ensure the competition programme in all its aspects achieves the objective of promoting the sport and in particular meets the objectives of promoting club rowing;
- To coordinate between the responsible Committees to ensure no undue conflict occurs between rowing, coastal rowing and indoor rowing events;
- To consider and determine, in conjunction with relevant Committees and Commissions, the events to be included in the various competitions and to ensure that these support and promote the development policies and objectives of the HKCRA;
- To improve the management and operation of regattas and other competitive events;
- To consider ways to improve the presentation of competitive events for the benefit of competitors and spectators and the promotion of the sport;
- To identify and implement ways to increase the number of volunteers taking responsibility for the organisation and management of regattas; and
- To prepare minutes of meetings, policy recommendations and advice to the Board and to the relevant Rowing Committees.

Key Activities and Achievements in 2022-2023:

In the reporting period of Apr 2022 to Dec 2023, despite the disruption of Covid-19 pandemics at the beginning, the HKCRA is resuming all rowing events in full scale, the association managed to organise 21 on-water rowing events, also successfully organised the indoor championships in virtual format. Moving forward, we look forward to seeing more rowing events in full scale, including our flagship event - the Hong Kong Rowing Championships, as well as the Hong Kong Universities Rowing Championships and other indoor & on-water events.

Regatta:

No.	Name	Details
1 (July 2022)	9 th Hong Kong Rowing Coastal Championships	Event: 4 Race: 11 Total number of Participant: 128 No. of Participant in Open Event: 128
2 (July 2022)	Shing Mun River Regatta I	Event: 12 Race: 16 Total number of Participant: 214 No. of Participant in Open Event: 202 No. of Participant in Masters Event: 12
3 (Aug 2022)	Shing Mun River Regatta II	Event: 17 Race: 27 Total Number of Participant: 336 No. of Participant in Junior Event: 35 No. of Participant in Open Event: 274 No. of Participant in Masters Event: 22 No. of Participant in Para Rowing Event: 5
4 (Aug 2022)	Hong Kong University Rowing Championships 2022 (Preliminary)	Event: 10 Race: 10 Total Number of Participant: 232 No. of Participant in Open Event: 232
5 (Sep 2022)	35 th Intersarsity Rowing Championships	Event: 2 Race: 2 Total Number of Participant: 28 No. of Participant in Open Event: 28

6 (Sep 2022)	Shing Mun River Regatta III	Event: 17 Race: 26 Total Number of Participant: 305 No. of Participant in Junior Event: 59 No. of Participant in Open Event: 229 No. of Participant in Masters Event: 12 No. of Participant in Para Rowing Event: 5
7 (Oct 2022)	44 th Hong Kong Rowing Championships	Event: 15 Race: 40 Total Number of Participant: 678 No. of Participant in International Small Boat Championships: 118 No. of Participant in Junior Event: 60 No. of Participant in Open Event: 254 No. of Participant in Masters Event: 99 No. of Participant in Para-rowing Event: 20 No. of Participant in Corporations Event: 60 No. of Participant in Disciplined Services Event: 40 No. of Participant in University Challenges Event: 27
8 (Nov 2022)	14 th Inter-Universities Alumni Invitation Regatta	Event: 12 Race: 15 Total Number of Participant: 226 No. of Participant in Open Event: 226
9 (Nov 2022)	Hong Kong Rowing Schools Championships	Event: 17 Race: 23 Total Number of Participant: 142 No. of Participant in Junior Event: 142 No. of Participation school: 52
10 (Dec 2022)	Hong Kong Universities Rowing Championships	Event: 10 Race: 25 Total Number of Participant: 249 No. of Participant in Open Event: 249
11 (Jan 2023)	Head of Shing Mun (Big Boat)	Event: 7 Race: 1 Total Number of Participant: 96 No. of Participant in Open Event: 74

		No. of Participant in Masters Event: 22
12 (Feb 2023)	Tolo Harbour Regatta	Event: 6 Race: 14 Total Number of Participant: 174 No. of Participant in Open Event: 174
13 (Apr 2023)	7 th International Masters Regatta	Event: 45 Race: 20 Total Number of Entries: 276 from 3 regions (China, Hong Kong, Macau) No. of Participant in Masters Event: 276
14 (Jun 2023)	Shing Mun River Regatta I	Event: 17 Race: 34 Total Number of Participant: 343 No. of Participant in Junior Event: 39 No. of Participant in Open Event: 276 No. of Participant in Masters Event: 28
15 (July 2023)	Shing Mun River Regatta II	Event: 15 Race: 28 Total Number of Participant: 343 No. of Participant in Junior Event: 26 No. of Participant in Open Event: 304 No. of Participant in Masters Event: 32
16 (Aug 2023)	Shing Mun River Regatta III	Event: 16 Race: 30 Total Number of Participant: 357 No. of Participant in Junior Event: 36 No. of Participant in Open Event: 298 No. of Participant in Masters Event: 23
17 (Aug 2023)	Jackie Chan Challenge Cup Hong Kong Universities Rowing Championships 2023	Event: 10 Race: 22 Total Number of Participant: 292 No. of Participant in Open Event: 292
18 (Sep 2023)	36 th Hong Kong Intersarsity Rowing Championships	Event: 2 Race: 2 Total Number of Participant: 28 No. of Participant in Open Event: 28

19 (Oct 2023)	Hong Kong Rowing Schools Championships 2023	Race: 30 Event: 17 Total Number of Participant: 180 No. of Participated School: 61
20 (Nov 2023)	45 th Hong Kong Rowing Championships	Event: 67 Race: 64 Total Number of Participant: 850 No. of oversea club: 23 from 8 countries or regions (Australia, China, Chinese Taipei, Philippines, Singapore, USA, South Africa, Hong Kong China) No. of Participant in International Small Boat Championship: 118 No. of Participant in Junior Event: 85 No. of Participant in Open Event: 284 No. of Participant in Masters Event: 185 No. of Participant in Para-rowing Event: 8 No. of Participant in Corporations Event: 55 No. of Participant in Disciplined Services Event: 40 No. of Participant in University Challenges Event: 54
21 (Dec 2023)	15 th Inter-Universities Alumni Invitation Regatta	Race: 12 Event: 10 Total Number of Participant: 183

Indoor Rowing:

No.	Name	Details
1 (Aug 2022)	All Hong Kong Inter-School Competition – BOCHK Virtual Indoor Rowing Cup 21-22	Event: 18 Race: 36 Total Number of Participant: 812
2 (Mar 2023)	Hong Kong Rowing Indoor Championships & Charity Rowathon	Event: 83 Race: 39 Total Number of Participant: 826 (from 5 countries or regions, including China, Pakistan, Chinese Taipei, Hong Kong China and Macau China) No. of Oversea's Participant: 46 No. of Participant in Open Event: 243 No. of Participant in Para Rowing Event: 11 No. of Participant in Lightweight Event: 40 No. of Participant in Charity Event: 200 No. of Participant in Higher Education Institutions Challenge Event: 75 No. of Participant in Team Event: 204 No. of Participant in Family Event: 200 No. of Participant in Other Event: 200
3 (May 2023)	All Hong Kong Inter - Secondary Schools Competition - BOCHK Virtual Indoor Rowing Cup 2022-2023	Event: 18 Race: 48 Total number of Participant: 1524

Club Events

HKCRA is also the co-organiser or supporting organisation for the following events:

- 2022 Around the Island Race
(Organised by the Royal Hong Kong Yacht Club)
- 2023 Around the Island Race
(Organised by the Royal Hong Kong Yacht Club)
- 6th Harbour Regatta
(Organised by the Royal Hong Kong Yacht Club)
- 7th Harbour Regatta
(Organised by the Royal Hong Kong Yacht Club)

- 67th Head of the Bay
(Organised by the Royal Hong Kong Yacht Club)
- HKUST Rowing Championships
(Organised by Hong Kong University of Science and Technology Rowing Club)
- HKU Green Regatta
(Organised by Rowing Club HKUSU)
- 19th CUHK Rowing Championships
(Organised by Chinese University of Hong Kong)
- Kowloon East Rowing Festival
(Organised by HKALPS Limited)
- 2023 "Epilepsy- Friendliness" Fun Festival
(Organised by Epilepsy Foundation of Hong Kong)
- Gay Games Hong Kong 2023 Rowing Event
(Organised by Gay Games Hong Kong)

Attributed Events & Upcoming Events

- Hong Kong Rowing Championships
- Hong Kong Rowing Coastal Championships
- Hong Kong Rowing Indoor Championships
- Hong Kong Rowing Schools Championships
- Shing Mun River Regatta I, II, III & IV
- Hong Kong Universities Rowing Championships
- Tolo Harbour Regatta
- Head of Shing Mun
- 66th Festival of Sport
- Board Rowing Challenge
- 2023 BMW Around the Island Race (co-organiser)
- 8th Harbour Regatta (co-organiser)
- And other on-water & indoor events

Summary:

The members of the Event Commission were appointed in April 2022 to support the work of the Commission. The main focus of the coming year would be to resume all rowing events in full scale for competitive and recreational rowers, as well as out-reaching events for youth, novice rowers and the general public.

2022-2023 Commission Members

Ms. CHAN Ngai Yan, Celia - Chairman

Ms. CHAN Ka Wai, Moraine

Mr. CHAU Bentley

Mr. CHEUNG Ming Hang, Keith

Ms. LAM On Ni, Annie

Ms. LEUNG Lai King

Mr. PRADHAN Sachin

Ms. SHIU Ho Yan

Mr. TANG Hon Man

PARA ROWING COMMISSION

Chairperson – Daniel YAU

The Para Rowing Commission is responsible for the coordination, planning, and policy direction of para rowing. Its duties include:

1. To promote the broad participation of people with a disability in rowing on an inclusive basis in Hong Kong;
2. To propose for Board approval a policy for the sustainable development of adaptive rowing and to monitor and implement such agreed policy;
3. To develop and propose to the Board policies for the promotion of adaptive rowing at elite level, in particular targeting participation in the Paralympic Games and Asian Para Games;
4. In conjunction with the Rowing Safety Commission make recommendations on any special safety requirements for adaptive rowers;
5. To advise the HKCRA on specialised equipment for adaptive rowing;
6. To coordinate and organise on behalf of the HKCRA the training and certification of Classifiers and to closely monitor the requirements and information available from FISA in this respect;
7. In cooperation with the Umpiring Commission, advise the HKCRA on any rules of racing which should apply specifically to adaptive rowers;
8. Oversee and provide advice on the use of budget related to Para-squad training, overseas competition and related programs.
9. Prepare minutes of meetings, policy recommendations and advice to the Board and to the relevant Committees and Commissions.

Key Activities and Achievements in 2022-2023:

- Two PR2 para rowers, Mr. Benson LAU and Ms. Kaiser IP, represented Hong Kong to join the following competitions:
 - Australia Rowing Championships in March at Perth. They won the Gold medal in PR2 Mix2x, and Kaiser won the Gold medal in PR1 W1x.
 - World Rowing Cup II in June at Varese, Italy. They finished 10th/11 in PR2 Mix2x, and Kaiser won a Bronze medal in PR2 W1x.
 - Asian Para Games in October at Hangzhou. They finished fourth place in PR2 Mix2x in Final A.
- To cater to the special needs of the para rowers, Mr. William KWONG, Mr. Ken LUE, and Mr. Anthony CHENG (Prosthetist-Orthotist of Kowloon Hospital) volunteered to tailor-made equipment that can be fixed on the racing shell for the rowers. Special thanks for their valuable contribution.
- Two sessions of indoor rowing training were provided in February and March to “Blind Sports Hong Kong” (BSHK 香港失明人健體會) for the preparation of Hong Kong Indoor Rowing Championships. BSHK sent 62 members to form 8 teams in the 4x500m Relay; 6 teams in the 30-minute Charity Rowathon; 24 teams in the 1000m Pair Integrated Charity Challenge; and 3 teams in iCup, a total of 138 entries. Other than winning some medals, BSHK achieved the Top Fundraising Award. Through the training and competition, we demonstrated social integration was not only a slogan but put it into reality. Thanks to Carmen CHENG and Daniel YAU for the coordination and served as volunteer coaches in the training sessions and competitions.
- We participated in the Paralympic Day in July which the Hong Kong Paralympic Committee organized. It was a great chance to promote para-rowing to the general public.
- Daniel YAU was invited to serve as a commentator of the RTHK live broadcast in the Para-Rowing event of the Asian Para Games.
- We intended to participate in the Para-Rowing events of the 2023 World Abilitysport Games in Thailand. Unfortunately, the event was cancelled due to insufficient entries.

Focus for 2024

- The Commission will continue working with various committees and commissions to develop a specialty program for our coaches so that they are qualified to teach the Para-Rowing Program.
- The Commission will proactively promote para-rowing to the target groups to widen the pool of para-rowers.

2022-2023 Commission Members

Mr. CHAN Man Him (joined on 22 July 2023)

Mr. KWONG Ming Kin

Mr. Ajmal Victor SAMUEL

Dr. Isa SCHEUNPFLUG

Mr. YAU Tsz Fung, Brian, Advisor

SAFETY COMMISSION

Chairman- WONG Man Wai, Benjamin

The Safety Commission is one of 11 Discipline Committees & Commissions – it is made up of volunteers who are dedicated in reviewing all safety issues and promotion of safety measures to facilitate other Committees and Commissions as well as the Association for the safe and enjoyable rowing activities in Hong Kong.

The purpose of the Safety Commission is to provide safety advices, arrange safety workshops and facilitate safe rowing activities organized or co-organized by the Association.

The main activities of the Commission are:

- To recommend some rescuing tools and educational courses to the staff and coaches or some participants relating to the Association;
- To coordinate between Committees and Commissions for providing safety plans and arrangement of safety workshops.
- To support regattas, Championships and promotional activities regarding to rowing and promote the development policies and objectives of the HKCRA;
- To review and provide advices for room of improvement after accident and draft reply;
- To investigate any incident that involving the safety concerns and give recommendation;
- To identify potential safety concerns and suggest precautions;
- To prepare minutes of meetings, policy recommendations and advice to the Operation Committee and the Board.

Key Activities and Achievements in 2022-2023

In the reporting period of 1st Apr 2020 to 31st Mar 2022, despite the disruption of Covid-19 pandemic, the Safety Commission has successfully assisted in arranging a free CPR/AED course to coaches and staff of HKCRA with great caution by fulfilling all

anti-epidemic measures.

Board rowing has also been successfully developed, some advices have been sought from the Safety Commission.

Attributed Events & Upcoming Events

- 65th Festival of Sports
- Hong Kong School Championships
- Water Safety Video by LCSD
- Hong Kong Universities Rowing Championships
- Safety boat workshop
- CPR/AED courses
- And other rowing-related events

Summary

The members of the Safety Commission were appointed in April 2022 with a total of 5 voluntary members added to support the work of the Commission, one has stepped down recently due to personal reasons. The main focus of the coming year would be supporting and facilitating all enjoyable rowing activities in a safe environment.

2022-2023 -Safety Commission Members

Mr. WONG Man wai, Benjamin, Chairman

Mr. KWAN Ka Chung

Mr. YU Tak Fai

Ms. NG Oi Ping

Mr. CHEUNG Ming Hang, Keith (Stepped down)

UMPIRING COMMISSION

Chair - NG Wing Ning, Victor

The Umpiring Commission is responsible to oversee the training and qualification of umpires, the effective utilisation of umpiring expertise by the Association and the ongoing programme of umpiring education and development for all branches of rowing. Its duties include:

1. Select and provide umpires for all regattas organized by the HKCRA.
2. Select and provide umpires for regattas organized by member clubs if requested at least five weeks prior to their date of regatta.
3. Select and nominate for Board approval International Umpires for International regattas when requested.
4. Select and nominate candidates to participate in FISA International Umpires seminars and examinations, subject to the approval of the Board.
5. Review and recommend for approval amendments to the Hong Kong Rules of Racing as appropriate, both by reference to FISA Rules and otherwise.
6. Conduct Umpires Seminars and examinations at least once every two years.
7. Organize Umpires revision seminars for existing umpires at least once every year.
8. Collect comments and suggestions from rowers and member clubs concerning aspects of umpiring and review regularly the performance of umpires and standard of umpiring in regattas in order to improve the standard of umpiring.
9. With the approval of the Board, establish guidelines for appropriate action against Umpires with poor standard of conduct and, or poor standard of umpiring.
10. Prepare suitable uniforms and equipment for umpiring purposes.
11. Advise HKCRA on the purchasing of materials and equipment for the use of umpires in their work.
12. Prepare minutes of meetings, and also recommendations and advice to the Board, Operations Committee and to the relevant Rowing Committees as appropriate.

Key Activities and Achievements in 2023

- Covid gathering restrictions were withdrawn in Early 2023, and many events are resume back to normal. But we are facing manpower problem as many Umpires have left our rowing society, gone on holiday travelling or left HK but continue their Umpiring activity in other countries.
- Our Commission finalized the latest update for our local Rule of Racing and endorsed by HKCRA. Regret the Chinese version update is not ready yet.
- The following local events were held with HK National Umpires provided.
 - Head of Shing Mun
 - Tolo Harbour Regatta
 - Harbour regatta
 - International Master Regatta
 - Kowloon East Festival
 - SMRR I
 - SMRR II
 - 2023 HK Universities Rowing Championship (Preliminary)
 - 35th HK Intervisity Rowing Championship
 - SMRR III
 - SMRR IV
 - Gay Games (Rowing Regatta)
 - 45th HK Rowing Championship
 - Hong Kong School Championship

Our HKG WR Umpires actively participated in following World and Asian Events

- Cheung Wai Lun Warren: WRMR
- Cheung Kwok Keung John: WRU23, ARCH,/U19,/U23
- Siu Kin Wah: APG, ARCH/U19/U23
- Wong Ka Man Carmen: AG
- Lo Tze Yang Eliana: FISU Games, APG
- Wong Han Tim Candy: WRCC, ARCH,/U19,/U23
- Ng See Hung: ARCH,/U19,/U23

With Umpiring at overseas events, our WR Umpires can get the latest updated information and valuable experience. They can apply the knowledge to improve our local umpiring and upgrade our local regatta standard.

- The umpire training course is planned to be conducted in Jan 2024
- Annual Umpire seminar is also planned to be organised with the Umpire course.

Focus for 2024

- Our Commission will keep updating or modifying our local ROR in order to match the latest WR ROR.
- Will try to finish the update of the Chinese version ROR section A & B.
- Assisting Event Commission in preparing for Regatta/Race Controller workshop.

Summary

The members of the Umpiring Commission were appointed in April 2022 with 9 members for 2 years term to support the work of the Commission.

2022-2023 Commission Members

Mr. Ng Wing Ling Victor Chair

Mr. CHAU Bentley

Ms. CHUM Pong Ching, Sara

Mr. CHEUNG Wai Lun, Warren

Ms. LAM On Ni, Annie

Mr. LEUNG Ying Kit, Timmy

Ms. LO Tze Yang, Elaina

Mr. NG See Hung

Dr. SIU Kin Wah

Ms. WONG Hang Tim, Candy

Hong Kong, China Rowing Association – The Office

Led by the Executive Director, the office executes the operations requirements set by the Board of Directors and coordinates matters with HKCRA's relevant committees to achieve set objectives.

Office Core of Duties Criteria:

- Events and Races
- Facilities and Centre Management
- Development of all disciplines of rowing – Indoor Rowing, Board Rowing – Coastal Rowing – Fine Rowing
- Coaching Matters
- Management of Youth Rowing Academy
- Marketing and Communications
- Account and Finance

Key Activities and Achievements in 2022-2023

- Since Covid, the office has encountered 2 reasonable sized events per month
- Transition into New Centre -
Continuous Implementation of Digital Footprints for HKCRA including membership platform, and social media channels.
- Organised Welcome Home Receptions and Celebration Dinner for Asian Games Representatives.
- Purchase and upgrades of equipment and facilities:
- Planning on new centre model of operations and its related financial implications
- Continuous modifications on Boat Rack at JCSTRC to ensure Boat House usage capacity.
- Black Rain Storm and Typhoon Follow Up actions
- Pigeon Hole Service rental to affiliated clubs

End of Report