



Head of Shing Mun (Big Boat) 2023

Race Notice

Organized by	: Hong Kong, China Rowing Association (HKCRA)
Subvented by	: Leisure and Cultural Services Department
Date	: 15 January 2023 (Sunday)
Time	: 9:00 a.m. – 1:00 p.m.
Venue	: Jockey Club Shek Mun Rowing Centre
Race Distance	: 10,000m
Registration Period	: 19 December 2022 (Monday) to 5 January 2023 (Thursday)
Entry Deadline	: Thursday, 5 January 2023 (12:00 noon, Hong Kong Time)

1. Events

Categories	Events
Open Events (10,000m)	Men's 4x
	Women's 4x
	Men's 8+
	Women's 8+
Masters Events (10,000m)	Men's 4x
	Women's 4x
	Men's 8+
	Women's 8+

- 1.1 The final race schedule will be subject to the total number of entries received in each event.
- 1.2 **Open Events** are opened for rowers from different divisions.
- 1.3 **Masters events** are restricted to rowers who must reach the age of 27 or above (at 31 December 2023). The different age categories will be combined and this applies to both men's and women's events.

2. Rules of Racing

- 2.1 The races shall be rowed in accordance with the Rules of Racing of the HKCRA. (Please refer to <http://www.rowing.org.hk/rules-of-racing/>).

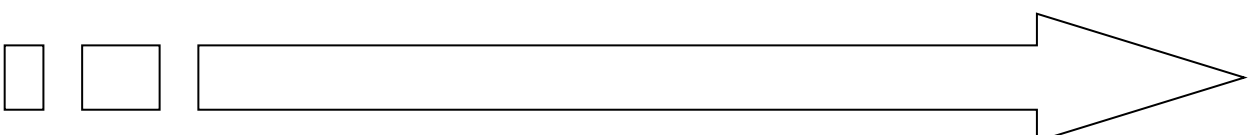
3. Eligibility

3.1 Each participant shall enter a maximum of 1 event.

- 3.2 **Seeding:** The teams that finished 1st and 2nd in the last year of "Head of Shing Mun" will be given priority to start. More than half of the seeded crew members (can including coxswains) need to participate with the same team's name in the same event last year. Each event is limited to two seed teams at most. In the case of a crew change that affects the seed qualifications, the HKCRA may conduct a new draw if required.

- 3.3 All competitors must be registered with HKCRA as an Ordinary Member (OM) for the purpose of competing any HKCRA regattas. **Persons who are not an Ordinary Member will not be allowed to race and no exceptions will be made under any circumstances.**
- 3.4 **All competitors must sign an indemnity form and submit to HKCRA before Friday, 6 Jan 2023 (12 noon, HK Time), otherwise, he/she will not be allowed to race.** Each competitor shall be responsible for his/her own health and fitness and able to swim 50 meters in light clothing.
- 3.5 Please submit valid Ordinary Member's names on the **Regatta Central** which Ordinary Member status **MUST be valid on the racing day**, otherwise **the rower CANNOT take part in that regatta** and the HKCRA will charge **HKD100 administrative fee per head**.
- 3.6 The deadline for applying the Ordinary Members' status for entry to this Regatta is **Thursday, 5 January 2023 (12 noon, HK Time)**, otherwise, he/she will **NOT** be able to submit online application nor to race.
- 3.7 Every crew must enter and compete under the name of a Club registered with the HKCRA. **No rower may compete for two different Clubs at the same Regatta.**
- 3.8 Competitor (except coxswains) must compete in events of their own gender category.
- 3.9 Coxswains shall be weighed wearing racing uniform on tested scales **not less than one hour and not more than two hours before their first race in each event** in which they are competing on each day of competition. The minimum weight for a coxswain (wearing racing uniform) is 50 kg for Men's events and 40 kg for Women's events. (To make up this weight, a coxswain may carry additional deadweight as close as practicable to his/her person in the boat. No article of racing equipment shall be considered as part of this deadweight.)
- 3.10 Each club shall assign at least **ONE** representative to attend the Team Managers' Meeting. Team Managers' Meeting by adopting 'ZOOM' at 08:30am on 15 January 2023 (Sunday). The Meeting ID will be provided later.
- 3.11 Club Representatives can collect their cloth number for each race at the Registration Counter. The cloth number must be returned directly after the race. A fine of HKD150 will be charged for any loss or damage.
- 3.12 **ONE** representative of each club is required to report at Registration Counter with their crew members' valid HKCRA Centre User Cards or any identification documents showing the crew's name at the landing stage of Sha Tin Rowing Centre or Jockey Club Shek Mun Rowing Centre 1 hour before the scheduled start time of their race. No final call will be announced.

Report to Registration Counter by 1 representative of each club			
Registration & borrow No. Plate	Withdrawal Form submission (if needed)	Crew Change Form submission (if needed)	Move the race boat to the pontoon and outing
1 hour before the race start	1 hour before the first heat of the Event	30 mins before the race start	Suggest 25 mins. before start



- 3.13 Boats leaving the pontoons at both Centres must do so in the direction of the Competition Traffic Circulation Pattern as shown and keep a careful lookout for races in progress and be prepared to give way.
- 3.14 In order to protect the safety of rowers, the bows of all boats shall be fitted with a solid white ball shape, minimum 4 cm in diameter and crews should ensure the racing boat are tightened with heel restraints.
- 3.15 All crews shall be within 100 meters of the start (the starting area) 15 minutes before the scheduled time of the race. Crews shall not proceed onto the course until instructed to do so by an official at the start. Crews shall be on their starting positions 2 minutes before the scheduled time of the race, unless otherwise instructed by an official.
- 3.16 The starter may start a race without reference to absentees.
- 3.17 In the event of a crew or crews withdrawing and leaving only one crew, that crew may be required to row over the course to be entitled to the medal.
- 3.18 The HKCRA reserves the right to amend the Schedule of Races should circumstances require.
- 3.19 Protests: A crew whose Objection has been rejected or crews affected by the Umpire's decision on the Objection may lodge a Protest in writing to the Jury not later than 30 minutes after the Umpire has advised his/ her decision regarding the Objection. The Protest shall be accompanied by a deposit of HKD500, which amount shall be refunded if the Protest or Appeal is successful. In all cases relating to the conduct of a race, the decision of the jury shall be final and without further appeal.

4. Entry Procedures

- 4.1 Clubs wishing to take part in this regatta should complete the registry through Regatta Central (<https://www.regattacentral.com/>) on **or before Thu, 5 January 2023 (12:00 noon, HK Time)**.
- 4.2 **NO late entry will be accepted as the Online System will reject any late entry automatically.**
- 4.3 **The HKCRA will NOT accept any hard copy or email application.**

5. Withdrawals (Refer to rule-44)

- 5.1 If a crew withdraws from an Event for which it has been entered, it shall give notice on the designated form to the HKCRA as early as possible; at the latest, it shall give notice of withdrawal no later than one hour before the first heat of the Event concerned. For any withdrawals received after this time, except when accompanied by a medical certificate, the club/crew shall pay a penalty equal to the entry fee.

In the case of a withdrawal the HKCRA may conduct a new draw if required. A withdrawal once made is irrevocable. There shall be no refund of entry fee.

6. Boats and Oars

- 6.1 All competitors must use their private boats and oars for competition. HKCRA boats will only be allocated to Clubs which do not have boats or do not have sufficient boats to compete in an event and **HKCRA will charge the boat rental fee**. Please find HKCRA staff for the details of the boat rental fee.

7. Medals

- 7.1 Medals will be awarded to the Champion, 1st runner-up and 2nd runner-up crews in each event.
- 7.2 In order to comply with the social distancing measures announced by the Government under the Prevention and Control of Disease Ordinance (Cap 599), **the Medal Presentation Ceremony will be canceled and the medals will be presented at registration counter.**

8. Entry Fees

- 8.1 Entry fee: All events, **HKD105/entry, exclude coxswains.**
- 8.2 **Entry Fee should be paid to Regatta Central through Paypal which is an online payment platform (<https://www.paypal.com/hk>).**
- 8.3 Arrangements for Entry Fee upon Postponement/ Cancellation:
- If the event is rescheduled to be held within one month** – the HKCRA will not refund any entry fees but will apply those entry fees to the rescheduled event. Entry fees will not be refunded even where some entered crews do not compete at the rescheduled event.
 - The event cannot be rescheduled and is therefore cancelled** – In view of the development of the COVID-19 epidemic, 100% of the paid entry fee will be refunded to related clubs. Club representative should provide the named payee with refund amount to HKCRA on or before Wed, 11 January 2023.

9. Others

- 9.1 Please note that the HKCRA has the right to film video or take photographs for marketing, promotional and educational purpose.

10. Special Arrangement during **Novel Coronavirus (COVID-19)**

- 10.1 All participants entering the Rowing Centres **should use hand sanitizer and wear a masks before and after rowing**;
- 10.2 All participants are advised to conduct **COVID-19 rapid antigen test (RAT)** before the race day (15 Jan 2023). Participants could take a photo of their negative RAT result next to their identification document (e.g. identity card) for record purposes and showed the test result when required;
- 10.3 All participants should have body temperature screening before entering rowing centres;
- 10.4 HKCRA shall review and amend these guidelines in a timely manner in response to the severity of the epidemic or the government's measures to respond to the epidemic. For details, please pay attention to the announcement on HKCRA website (<http://www.rowing.org.hk/>); and

10.5 For more information on COVID-19, you may visit:

<https://www.coronavirus.gov.hk/eng/index.html>

或OR

<https://www.chp.gov.hk/en/index.html>.

11. Enquiries

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