

Hong Kong Rowing Schools Championships 2022 2022 香港校際賽艇錦標賽 參賽者須知 Notice to Competitors

- 所有賽事均按照中國香港賽艇協會之競賽守則進行。
The races are rowed under the Rules of Racing of the Hong Kong, China Rowing Association.
- 所有參賽者必須簽妥比賽個人聲明，否則一概不得參與任何賽事。
All participants must sign and return the completed declaration form, otherwise, they are not allowed to compete in the event.
- 學校代表可於登記處借還號碼牌，如有遺失，本會會向有關學校即場收取港幣150元費用。
School Representatives can borrow Number Plate at the Registration Counter on event days, but it will be charged HK\$150 on site for any lost.
- 大會不會廣播召集參賽隊伍。所有隊伍須於參與項目預定開賽時間前30分鐘，持有效之學生証/學生手冊副本於艇隻檢錄處報到及登記。
Crews will not be called for their race. They shall register with their valid Student cards/ copy of the student handbook and report to the boat marshals at the landing stage 30 minutes prior the scheduled start time of their race.

出艇程序 Outing Procedures:

舵手過磅 Cox Weight-In	比賽前 30 分鐘 30 minutes before the race start	比賽前 20 分鐘 20 minutes before the race start
比賽前 1-2 小時 1-2 hrs. before the race start	攜有效之學生證/學生手冊副本到「艇隻檢錄處」報到 (隊員登記、記錄更換隊員及借號碼牌等) Report to Boat Marshall with valid student card/ copy of the student handbook. (Registration, record the substitution and borrow No. Plate, etc)	把艇隻搬往碼頭及出艇 Move the race boat to the pontoon and outing

- 大會將會提供器材予私人器材不足的學校並以抽籤形式分配，唯參賽者不得大幅調校艇隻之槳架位置。如有任何本會器材因損毀而未能提供與參賽隊伍使用，本會將於稍後發還參賽費用。如參賽者是使用私人器材參賽，請在報名表格上列明。
HKCRA boats will be allocated to the competitors as indicated in the Draw. Major adjustments to rigging will not be permitted on shared boats. If any HKCRA boats cannot be provided by in view of the equipment failure, entry fee will be refunded to the participated school. If competitors will use their private boats for competition, please state in the Entry Form.
- 為保障參賽者之安全，所有參賽艇隻的船頭須裝設一個直徑最少4厘米，實心白色圓球及繫上鞋包繩。
In order to protect the safety of rowers, the bows of all boats shall be fitted with a solid white ball shape, minimum 4 cm in diameter and crews should ensure the racing boat are tightened with heel restraints..
- 所有於沙田賽艇中心及賽馬會石門賽艇中心出艇之艇隻，必須依據「比賽循環路線圖」所示之路線划行，並須注意正在進行之賽事，準備隨時讓道予競賽中之艇隻。
Boats leaving the pontoon at the Sha Tin Rowing Centre and Jockey Club Shek Mun Rowing Centre must follow the direction of the Competition Traffic Circulation Pattern as shown and keep a careful lookout for races in progress and be prepared to give way.
- 賽道南岸沿線每隔250米處會劃上距離標誌。
Distances are marked along the south bank at 250 meter intervals.
- 所有參賽隊伍須於賽事預定開賽時間前五分鐘抵達起點（起點區）200米範圍內。參賽隊伍須有起點發令員的指示，方可將艇隻划至賽道起點。除非得到發令員的指示，否則所有隊伍必須於預定開賽時間前兩分鐘到達起點位置。
All crews shall be within 200 meters of the start (the starting area) five minutes before the scheduled time of the race. Crews shall not proceed onto the course until instructed to do so by an official at the start. Crews shall be on their starting positions two minutes before the scheduled time of the race, unless otherwise instructed by an official.

10. 賽事起點發令員將不會理會缺席之隊伍並按時開賽。

The starter may start a race without reference to absentees.

11. 如有參賽隊伍退出賽事，並只餘下一個隊伍參賽，該隊伍可被要求完成賽事，以取得獎牌。

In the event of a crew or crews withdrawing and leaving only one crew, that crew may be required to row over the course to be entitled to the prize.

12. 如有需要，本會將保留修改賽程表之權利。

The Organizer reserves the right to amend the Race Schedule should circumstances require.

13. 提出抗議：曾經提出反對而被否決或賽事裁判就反對而作出的判決使其受影響的艇隊，可在賽事裁判作出有關反對的判決後的30分鐘內以書面形式提出抗議，同時須繳付港幣500元按金。若抗議或上訴得直，所繳付按金可獲退還。如對賽事有任何爭議，將以裁判團之裁決為最終決定，而不得作進一步上訴。

Protests: A crew whose objection has been rejected or crews affected by the Race Umpire's decision on the objection may lodge a Protest in writing to the Jury not later than 30 minutes after the Race Umpire has advised his decision regarding the objection. The Protest shall be accompanied by a deposit of HK\$500, which amount shall be refunded if the Protest or Appeal is succeed. In all cases of dispute, the decision of the jury shall be final and without further appeal.

14. 學校可替換經其報名的艇隊內最多半數成員(適用時，包括舵手)，唯換入的成員(舵手除外)必須為同一學校的學生及符合該項比賽之參賽資格，並在有關比賽開賽前30分鐘向本會發出有關替換成員的書面通知。任何已開始作賽的艇隊均不可替換艇隊成員，除非有關的替換是基於疾病或受傷等理由。

Substitution of up to half the number of crew members (as well as the coxswain, if applicable) is permitted provided that any substitutes(except for coxswain) are entitled to represent the same School and fulfill the entry requirement in the particular event. The changes are advised in writing to the HKCRA at least 30 minutes before the start of the Heat concerned. No substitution shall be permitted once a crew has raced, other than for genuine reasons of injury or illness.

15. 舵手必須每天於參與比賽前一至兩小時內量度體重，青少年及公開組舵手不得少於40公斤，舵手年齡不得少過13歲。

Coxswains shall weigh-in not less than one hour and not more than two hours before their race on each day of racing. A coxswain's minimum weight is 40kg for open mixed & junior events. Coxswain must be the age of 13 or over.

16. 若艇隊欲退出已報名參與的項目，須盡早通知本會，而在任何情況下，有關的通知均應在該項賽事第一場初賽一小時之前發出，除非艇隊成員是因病或受傷，並能出示有關健康狀況證明，否則如未能於限期前通知本會，艇隊需繳付等值於比賽報名費的罰款。若有艇隊退出時，本會可按需要重新進行抽籤程序。退出申請提出後即不可撤回，報名費用亦不會獲得發還。

If a crew withdraws from an Event for which it has been entered, it shall give notice on the designated form to the HKCRA as early as possible; in any circumstance, it shall give notice of withdrawal no later than one hour before the first heat of the Event concerned. For any withdrawals received after this time, except a medical certificate is presented, the crew shall pay a penalty equal to the entry fee. In the case of a withdrawal the HKCRA may conduct a new draw if required. A withdrawal once made is irrevocable. There shall be no refund of entry fee.

17. 領隊會議將於在賽馬會石門賽艇中心舉行，日期時間待定，請各學校委派最少一名代表出席。

Each participating school shall assign at least 1 representative to attend the Team Managers' Meeting at the Meeting Room of Jockey Club Shek Mun Rowing Centre. The time and date are subject to confirm.

18. 防疫措施Special Arrangement during Novel Coronavirus (COVID-19)

所有參賽者均應遵守《預防及控制疾病(禁止羣組聚集)規例》(第599G章)及一切相關法例措施，包括禁止羣組聚集人數超過法律規定的人數；

All participants should comply with the Prevention and Control of Disease (Prohibition on Group Gathering) Regulation (Cap 599G) on the prohibition of group gatherings of more than the number of people as stipulated by the law;

根據《預防及控制疾病(疫苗通行證)規例》(第599L章)及行政指示的相關規定，所有進入或留在賽艇中心的人士必須遵守疫苗通行證的規定；

In accordance with the Prevention and Control of Disease (Vaccine Pass) Regulation (Cap. 599L) and relevant requirements of administrative instructions, all persons entering or remaining at Rowing centres must comply with the requirement of the Vaccine Pass;

19. 所有參賽者在進入賽艇中心前必須利用手機掃描「安心出行」二維碼，以便有確診個案時進行接觸者追蹤；

All participants are required to scan the "LeaveHomeSafe" QR code before being allowed to enter for necessary contact tracing if a confirmed case is found;

20. 所有參賽者在每個比賽日前必須自行進行冠狀病毒快速抗原測試（即2022年11月13日）。只有持有冠狀病毒快速抗原測試陰性結果證明的參賽者才能參加比賽。參賽者應在身份證明文件旁拍下其快速抗原測試陰性結果的照片以作記錄（如：護照或身份證），並於比賽當日向登記處出示測試結果；

All participants are required to perform the COVID-19 rapid antigen test (RAT) before the race day (13th Nov 2022). Only those who possesses negative RAT result is allowed to take part in the race. Participants should take a photo of their negative RAT result next to their identification document (e.g. passport or identity card) for record purposes and showed the test results on the event day for checking at registration counter;

21. 於賽艇中心內，任何時間進行比賽或訓練時的參賽者及官方人員人數上限，應遵照香港賽艇錦標賽的比賽規則；

The maximum number of players and officials to be allowed in both Rowing Centres at any time during competition or a training match should follow the rules and regulations of Hong Kong Rowing Championships;

所有參賽者必須於進入賽艇中心前量度體溫。任何人士有發燒或呼吸系統疾病等症狀的人士將被禁止進入賽艇中心範圍；

All participants should have body temperature screening before entering rowing centres. Those with symptoms such as fever or respiratory illness will not be allowed to enter the Rowing centres;

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