



慶祝香港回歸祖國25周年 - 第9屆香港海岸賽艇錦標賽

Celebration of the 25th Anniversary of the Establishment of the HKSAR - 9th Hong Kong Rowing Coastal Championships

Race Bulletin

1. Invitation

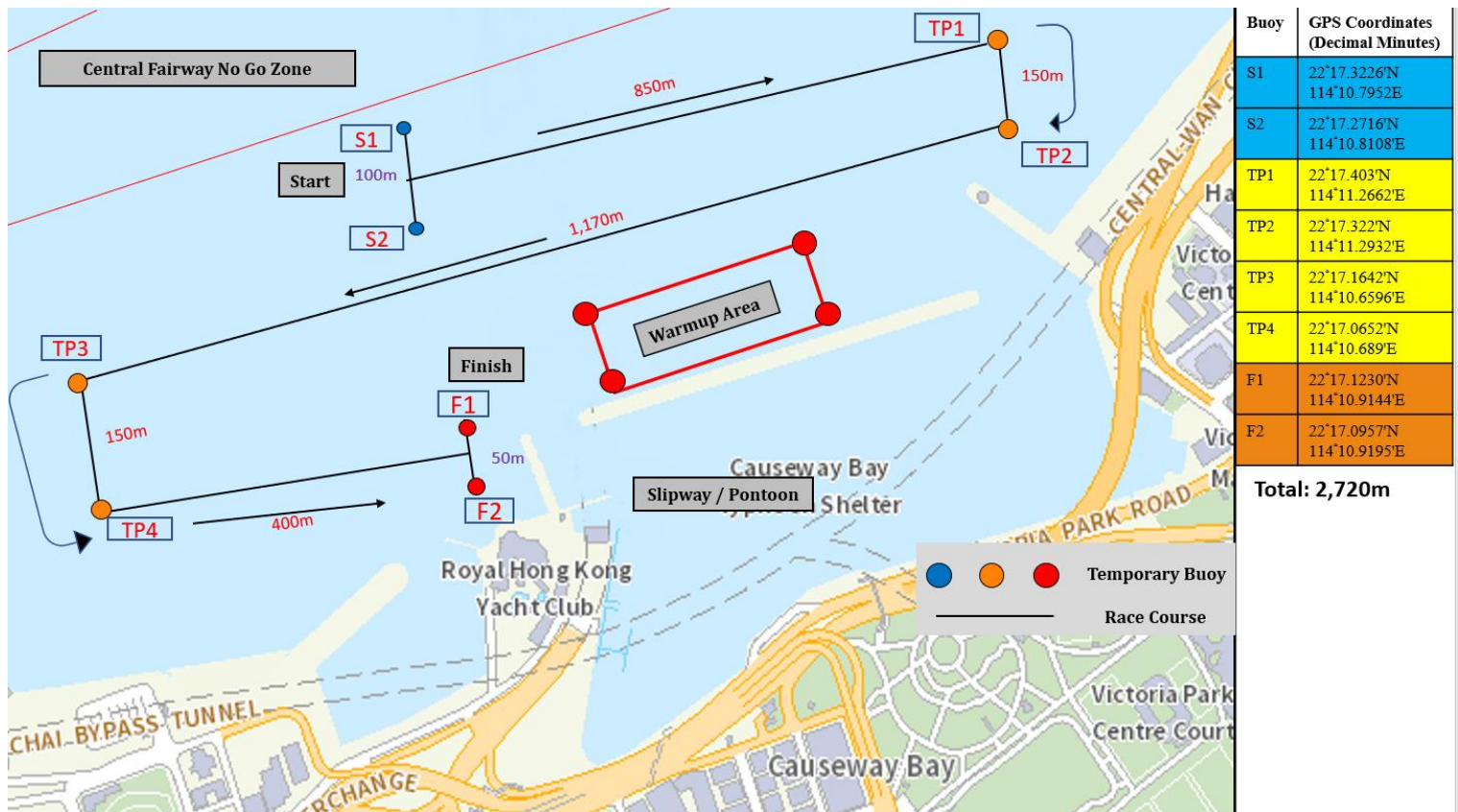
The Hong Kong, China Rowing Association (HKCRA) is pleased to invite crews to compete at the 9th Hong Kong Rowing Coastal Championships (HKRCC).

Organized by	:	Hong Kong, China Rowing Association (HKCRA)
Co-organized by	:	Royal Hong Kong Yacht Club (RHKYC)
Subvented by	:	Leisure & Cultural Services Department (LCSD)
Venue	:	Kellett Island, RHKYC
	:	
Competition Date for Venue	:	Saturday, 9 July 2022
Entry Fee	:	HK\$ 150 per person per event (except the Coxswains in C4X+ events)
Entry Deadline	:	Friday, 30th June 2022



2. Race Course

The Championships will be held in Victoria Harbour. Starting from Kellett Island, east bound towards the East Coast Park Precinct, then turn towards Wan Chai Pier and return to the finish line. **The 2.7 km course will be used for all races.** More detailed information of the course will be shown in the “*Guidelines to Competitors*” which will be available at the HKCRA’s website after the entry deadline.





3. Events

Open Events

Men's Coastal Coxed Quadruple Sculls	CM4x+
Women's Coastal Coxed Quadruple Sculls	CW4x+
Men's Coastal Double Sculls	CM2x
Women's Coastal Double Sculls	CW2x

Remarks:

A total of 4 (four) events will be offered and each participant (excluding Coxswain) can ONLY enter a maximum of 1 event.

- 3.1 **Each participant** must sign an **indemnity form** and email to HKCRA upon successful enrollment. Each competitor shall be responsible for his/her own health and fitness and able to swim at least 50 meters in light clothing.
- 3.2 As the number of available coastal rowing boats are limited and so entries for each event is also limited, entries are on first come first serve bases. If there are less than 2 entries HKCRA reserve the right to cancel the event.
- 3.3 **Coxswain can enter more than 1 event but need to take the risk and responsibility if cannot catch up the schedule for weight-in and racing. In this case, crew might be excluded from the race.**
- 3.4 All competitors must be registered with HKCRA as an Ordinary Member (OM) for the purpose of competing any HKCRA regattas. Persons who are not an Ordinary Member will not be allowed to race and no exceptions will be made under any circumstances.

4. Boats & Oars

Indoor Rowing Machines will be available on site for warm up. Coastal rowing boats, oars & lifejackets will be provided by the Organizer on a sharing basis. There will be at least 5 quadruple sculls boats and 4 double sculls boats available.



5. Pre-Training Boat Rental

Coastal rowing boats are available for pre-training at the Royal Hong Kong Yacht Club for the HKCRA's centre user or whose meet the respective qualifications:

Type of Rowing Boat	Eligibility
Coastal Doubles Boat (2x) (Sculling)	1) Completed Coastal Rowing Introductory Course (Stage 1 & 2)
Coastal Coxed Quads Boat (Sculling) (4x+)	Or 2) Attend 3 hrs Assessment Session and authorised coach assessed you are competent for open water rowing in coastal boats.

Please contact Irene to book your sessions irene.q@rowing.org.hk

* **Boat renting will be on first-come first-served basis**

6. Progression

The progression system is based on the number of boats available & the final entries and will vary between events. Please see below table for details:

Progression System
<ul style="list-style-type: none"> All Crews will be drawn into heats. The same number of fastest crews in each heat will proceed to Final. Remaining crews will be eliminated.

Remarks: The ranking order will be based on the results (Finish Time) in Heats.

7. Entry Procedures

7.1 Clubs wishing to take part in the HKRCC should complete the registration through the online entry platform - Regatta Central

https://www.regattacentral.com/regatta/index.jsp?section=overview&job_id=7921

on or before: **12:00 midnight, 30th June 2022 (Sat)**

7.2 **The HKCRA will NOT accept any hard copy or email application.** In the case of event cancellation, only 50% of the paid entry fee will be refunded in view of the need of the HKCRA to bear the logistics and set-up costs.



8. Rules of Racing

- 8.1 HKCRA Coastal Rowing Rules will apply with other guidelines which can be referred to in the “***Guidelines to Competitors***” which will be available on the HKCRA’s official website after the entry deadline.
- 8.2 Clubs may substitute up to one-half numbers of rowers in all crews entered by them before their first heat, provided that the substitutes are members of the same Club(s). No substitutions may be made after the first heat except in the case of illness or injury which must be approved by the Chief Umpire.
- 8.3 **All substitutions and withdrawals shall be notified to the Organising Committee at least 1 hour before their race.**
- 8.4 All crews should make themselves aware of the provisions for starting, false starts, interference, turning around marker buoys, etc. and the penalties for any infractions.
- 8.5 All participants must report to Boat Marshalls **to register their crew at least 30 minutes before their race.**
- 8.6 Coxswains must be weighed with racing uniform on tested scales not less than one hour and not more than two hours before their first race in coxed quad events in which they are competing on each day of competition.
- 8.7 Race uniform’s colour and design should be identical within a crew. For Local Clubs, crew uniform colour and design must be the same as their HKCRA registered club colours.

9. Schedule

- 9.1 **There are Crew Captains’ Meetings before the race, time and location to be confirm.** Updates of the event and assistance can be found at the Registration Desk on the day. **Crew captain of every crew must attend one of these meetings as they will include important information on safety issues during the race and the crews’ obligations to follow correct safety procedures.**
- 9.2 There will be a number of races. The first race will take place at approximately 8:30 am, followed by races at regular intervals through to the last race at approximately 5:15 pm. A final timetable of races will be published after the entry deadline. Races will take 30 - 45 minutes depending on the conditions and crew speed.



10. Medal Presentation

Medals presentation will be held at the RHKYC, at approximately at **6:15 pm**. Medals will be given for the Champion, 1st Runner-Up and 2nd Runner-Up in each category.

11. Facilities, Food and Beverage

11.1 Competitors may use the changing rooms at the RHKYC Clubhouse.

11.2 The race entry fee **does not include** any food or beverage.

11.3 Lunch and drinks will be available for purchase using either a RHKYC member card or Octopus card (Octopus card user must also present race card provided by the Organizer during registration). **Cash is NOT accepted.**

11.4 Single use plastic bottles are not allowed in the RHKYC. Water supply is available to refill your own reusable bottles.

11.5 Use of mobile phones is not allowed inside the RHKYC premises.



12. Enquiries and Correspondence

All correspondence : Patrick Kwok / Irene Qian
Telephone : 3841-7217 / 2699-7271
Fax : 2601-4477
Email : patrick.k@rowing.org.hk / irene.q@rowing.org.hk

The Championships relies on your enthusiasm, help and participation. If any Clubs or individuals wish to assist in any areas of management or in providing helpers on the days leading up to the Championships or during the event, please let us know as soon as possible.

Hong Kong, China Rowing Association
June 2022