

Hong Kong, China Rowing Association
Selection Policy for the 19th Asian Games
Hangzhou, China, 10th – 25th September 2022

NOTE: - the following event policy should be read in conjunction with the HKCRA General Selection Policy and Selection Appeals Procedure, as published separately on the Association's website.

INTRODUCTION

The 19th Asian Games will be hosted by the city of Hangzhou, China from 10th to 25th September 2022. The Rowing competition will be held from 7th to 12th September at the Fuyang Water Sports Centre.

EVENTS

The Rowing competition will consist of 14 events (7 for men and 7 for women): -

Men: 1x, 2x, 2-, 4x, 4-, 8+

Lightweight Men: 2x

Women: 1x, 2x, 2-, 4x, 4-, 8+

Lightweight Women: 2x

Each NOC may enter a maximum of 1 crew in each event.

Events will be divided into two groups, to be raced in separate sessions: -

Group A: W1x, M1x, W2-, M4-, W4x, M4x, W8+

Group B: LW2x, LM2x, W2x, M2x, W4-, M2-, M8+

ELIGIBILITY REQUIREMENTS

Candidates for selection must meet the eligibility requirements set down in the Constitution and Rules of the Olympic Council of Asia, the selection guidelines of the Sports Federation and Olympic Committee of Hong Kong, China and the Selection Policies of the HKCRA. Further information may be obtained from the Technical Director on request. ***It should be noted that athletes seeking selection for the Asian Games Team must hold a valid HKSAR passport.***

PARTICIPATING COUNTRIES AND REGIONS

All member countries and regions of the Olympic Council of Asia are eligible to participate at the Games.

SELECTION POLICY

Selection is open to all Hong Kong rowers provided: -

- a) they meet the requirements of the HKCRA Selection Policies;
- and b) they meet all relevant eligibility requirements for the Asian Games;
- and c) they can comply with all training, testing and selection requirements.

SELECTION PROCESS

The objective of the selection process is to pick the crew/crews with the best chance of achieving the highest placed finishes at the Asian Games.

The Technical Director and Coaching Team, in consultation with the High Performance and Selection Committee, will decide the priority order for boats/events with reference to World and Asian standards.

Athlete assessment will be based on performance at specific trials and ongoing assessment during training and competition.

PRELIMINARY TRIALS will be held in December 2021 and will be open to all eligible rowers.

CREW FORMATION TRIALS will take place from January to April 2022 and will be by invitation only, based on the results of the Preliminary Trials and athlete commitment.

PERFORMANCE CRITERIA

The SF&OC requires that potential participants shall hold a HKSAR Passport and be medically fit for competition. Particular priority shall be given to athletes who have achieved outstanding results at previous international competitions as follows:-

- Ranked 1st to 8th in recent World Championships (past 4 years).
- Ranked 1st to 8th at recent Asian Championships (past 4 years).
- Ranked 1st to 8th at recent OCA or EAOC multi-sports Games (past 4 years).
- Ranked 1st to 8th at recent National Games, World Games or Universiade (past 4 years).
- Participated at the Tokyo Olympic Games.

Consideration is also given to athletes receiving Elite Training Grant at Elite C level or above and, in crew events, where half or more of the team fulfills any of the above criteria.

Performance ranking on the Concept 2 rowing ergometer, over 2000m, will also be considered as part of the assessment process. Athletes seeking selection for the Asian Games, should be capable of achieving scores equal to, or better than, 6m 30s for lightweight men and 7m 35s for lightweight women as an absolute minimum. Scores for open category athletes will be assessed in relation to these times adjusted for bodyweight.

On-water performance of crews will be assessed through time-trials and/or seat racing. Crews seeking selection should show themselves to be capable of producing times that have a high probability of placing them in the top-8 at the Asian Games.

ADDITIONAL REQUIREMENTS

1. All athletes will be expected to join the Hong Kong Squad and to undergo an intensive training programme. Training will be based at the Hong Kong Sports Institute/Shing Mun River in Shatin, and at designated locations overseas when required. The programme shall be run under the supervision of the Technical Director and the coaching/technical staff of the HKSI Rowing Department.
2. Individuals are expected to prepare themselves to the highest possible standards. The level required to achieve selection is a minimum indicator and does not imply automatic selection. Athletes should strive to achieve their highest potential at all times leading up to and during the Games. Those failing to do so may be subject to de-selection.
3. Athletes will be assessed both individually and in crews. The Technical Director will use, where possible, objective assessment results in making team selections. He may however also use his own professional experience and judgment in assessing components such as technical development, responsiveness to coaching, interaction with team-mates and coaches, psychological strengths, and crew compatibility.
4. Attendance and overall commitment to training will be taken into consideration. In general, athletes would be expected to train on a 6 day/week basis during the period leading up to the Games, and to be able to travel extensively with the team for overseas camps and competitions when required.
5. Assessments may include time-trials, ergometer tests, physiological, biomechanical and psychological profiles. Athletes failing to make themselves available for such assessments do so in the knowledge that they may jeopardize their chances of selection.

6. Unless prior notification is given, it will be assumed that athletes are able to perform optimally during all tests and time-trials. If an athlete cannot participate due to medical reasons, certification from a doctor approved by the Association is required. It should also be understood that the selection process may still need to proceed in the context of the overall timetable for preparation and entries.
7. Certificates of medical fitness will be required from all candidates and medical checks will be arranged through designated team doctors.
8. All athletes will be subject to random, no-notice, anti-doping tests during training and competition conducted by the relevant authorities. Any athlete failing such a test or refusing to comply with testing/reporting requirements without good reason, may render themselves ineligible for selection and may face additional sanctions. Athletes are personally responsible to provide, and accurately maintain, their whereabouts information for the purpose of anti-doping testing.
9. To remain eligible for selection, lightweight athletes and coxswains are required to weigh-in at Selection Trials, and at other times by request, at weights specified by the Technical Director. They must be able to demonstrate that they can perform and train effectively at racing weight without impairing their physical or mental health.
10. All athletes and team members are expected to maintain the highest standards of sportsmanship and ethical behavior. They should not take any action that may bring the HKSAR, the SF&OC, the HKCRA, the HKSI, the Hong Kong Squad or the sport of rowing into disrepute. This shall include any interaction with the press or media, postings on social media or via other online/electronic platforms. Training programmes, testing and performance data, and other related information shall not be disclosed without prior authorization. Any team member failing to comply may render themselves ineligible for selection and/or liable to sanctions.

APPEALS PROCEDURE

Please refer to the HKCRA Selection Appeals Procedure – published separately.