Appendix I





Shing Mun Rowing Challenge II

Race Notice

Organized by : Hong Kong, China Rowing Association (HKCRA)

Subvented by : Leisure and Cultural Services Department

Date : 11 July 2021 (Sunday) Time : 9:00 a.m. – 5:00 p.m.

Venue : Sha Tin Rowing Centre / Jockey Club Shek Mun Rowing Centre

Race Distance : 1000m & 2000m

Registration Period : 21 June 2021 (Monday) to 28 June 2021 (Monday)

Entry Deadline : Monday, 28 June 2021 (12:00 noon, Hong Kong Time)

1. Events

| Categories | Groups | Events | Maximum of Entries | Number of Finals | Use of Lanes |
|-----------------------|--------|-------------|-----------------------|------------------|-----------------|
| | Α | Men's 1x | 12 | 2 | 6 |
| | Α | Men's 4- | 12 | 2 | 6 |
| | Α | Men's 4+ | 12 | 2 | 6 |
| | В | Men's 2x | 12 | 2 | 6 |
| Open Events | В | Men's 8+ | 12 | 2 | 6 |
| (2000m) | Α | Women's 2x | 12 | 2 | 6 |
| | Α | Women's 8+ | 12 | 2 | 6 |
| | В | Women's 1x | 12 | 2 | 6 |
| | В | Women's 4- | 12 | 2 | 6 |
| | В | Women's 4+ | 12 | 2 | 6 |
| Junior Events | 1 | Men's 2x | 12 | 2 | 6 |
| (1000m) | 1 | Women's 4x+ | 12 | 2 | 6 |
| Masters Events | В | Men's 2x | 12 | 2 | 6 |
| (1000m) | Α | Women's 2x | 12 | 2 | 6 |

- 1.1 The final race schedule will be subject to the total number of entries received in each event.
- 1.2 **Open Events** are opened for rowers from different divisions.
- 1.3 **Masters Events** are restricted to rowers who have attained the age of 27 years (Born on or before 31 Dec 1994). The different age categories will be combined and this applies to both men's and women's events.
- 1.4 **Juniors Events** are restricted to rowers who are the age of 18 years or below (Born on or after 1 Jan 2003).
- 1.5 There is a limited quota in each event which listed as above table. If any club has registered more than one entry in an event, the 2nd or later entries will be placed in the "waiting list" in Regatta Central. If any quota left in any event, HKCRA will accept the entries in waiting list, if any, and the places will be distributed by draw.

1.6 If the number of entries exceeded the quota in any event, a draw will be conducted by HKCRA.

2. Rules of Racing

2.1 The races shall be rowed in accordance with the Rules of Racing of the HKCRA. (Please refer to http://www.rowing.org.hk/hk/rules-of-racing/).

3. Eligibility

- 3.1 Each participant shall enter a maximum of 1 event from Group A and 1 event from Group B.
- 3.2 All competitors must be registered with HKCRA as Registered Rowers (RR) for the purpose of competing any HKCRA regattas. The Rowing Centre Usersare automatically registered as RR.) Application and collection for the HKCRA Rowing Centre User card will not be entertained on the day of the regatta. Persons who are not Centre Users or RR will not be allowed to race and no exceptions will be made under any circumstances.
- 3.3 Please submit valid Centre User's names on the **Regatta Central** which Centre Users status MUST be valid on the racing day, otherwise the rower CANNOT take part in that regatta and the HKCRA will charge HKD100 administrative fee per head.
- 3.4 The deadline for renewing the Centre Users' status for entry to this Regatta is <u>Friday, 25</u> <u>June 2021 (12 noon, HK Time)</u>, otherwise, he/she will **NOT** be able to submit online application nor to race.
- 3.5 Every crew must enter and compete under the name of a Club registered with the HKCRA. No rower may compete for two different Clubs at the same Regatta.
- 3.6 Each competitor shall be responsible for his/her own health and fitness and able to swim 50 meters in light clothing.
- 3.7 Competitor (except coxswains) must compete in events of their own gender category.
- 3.8 Coxswains shall be weighed wearing racing uniform on tested scales **not less than one hour** and not more than two hours before their first race in each event in which they are competing on each day of competition. The minimum weight for a coxswain (wearing racing uniform) is 50 kg for Men's events and 40 kg for Women's events. (To make up this weight, a coxswain may carry additional deadweight as close as practicable to his/her person in the boat. No article of racing equipment shall be considered as part of this deadweight).
- 3.9 Each club shall assign at least **ONE** representative to attend the Team Managers' Meeting. Team Managers' Meeting by adopting 'ZOOM' at 07:50am on 11 July 2021 (Sunday). The Meeting ID will be provided later.
- 3.10 Club Representatives can collect their Bow Number Plate for each race at the Registration Counter. The Number Plate must be returned directly after the race. A fine of HKD100 will be charged for any loss or damage.

3.11 ONE representative of each club is required to report at Registration Counter with their crew members' valid HKCRA Centre User Cards or any identification documents showing the crew's name at the landing stage of Sha Tin Rowing Centre or Jockey Club Shek Mun Rowing Centre 1 hour before the scheduled start time of their race. No final call will be announced.

| Ī | Rep | Report to Registration Counter by 1 representative of each club | | | | | | |
|---|--------------------------------------|---|--|--|---|--|--|--|
| | Weight-In | Registration & borrow Number Plate | Withdrawal Form submission (if needed) | Crew Change Form submission (if needed) | Move the race boat to the pontoon and outing | | | |
| | 1-2 hrs. before the race start | 1 hour before the race start | 1 hour before the first heat of the Event | 30 mins before the race start | Suggest 25 mins. before start | | | |

- 3.12 Boats leaving the pontoons at both Centres must do so in the direction of the Competition Traffic Circulation Pattern as shown and keep a careful lookout for races in progress and be prepared to give way.
- 3.13 In order to protect the safety of rowers, the bows of all boats shall be fitted with a solid white ball shape, minimum 4 cm in diameter and crews should ensure the racing boat are tightened with heel restraints.
- 3.14 All crews shall be within 100 meters of the start (the starting area) 15 minutes before the scheduled time of the race. Crews shall not proceed onto the course until instructed to do so by an official at the start. Crews shall be on their starting positions 2 minutes before the scheduled time of the race, unless otherwise instructed by an official.
- 3.15 The starter may start a race without reference to absentees.
- 3.16 In the event of a crew or crews withdrawing and leaving only one crew, that crew may be required to row over the course to be entitled to the medal.
- 3.17 The HKCRA reserves the right to amend the Schedule of Races should circumstances require.
- 3.18 Protests: A crew whose Objection has been rejected or crews affected by the Umpire's decision on the Objection may lodge a Protest in writing to the Jury not later than 30 minutes after the Umpire has advised his/ her decision regarding the Objection. The Protest shall be accompanied by a deposit of HKD500, which amount shall be refunded if the Protest or Appeal is successful. In all cases relating to the conduct of a race, the decision of the jury shall be final and without further appeal.

4. Entry Procedures

- 4.1 Clubs wishing to take part in this regatta should complete the registration through Regatta Central (https://www.regattacentral.com/) on or before Monday, 28 June 2021

 (12 00 noon, HK Time).
- 4.2 NO late entry will be accepted as the Online System will reject any late entry automatically.

4.3 The HKCRA will NOT accept any hard copy or email application.

5. Withdrawals (Refer to rule-44)

5.1 If a crew withdraws from an Event for which it has been entered, it shall give notice on the designated form to the HKCRA as early as possible; at the latest, it shall give notice of withdrawal no later than one hour before the first heat of the Event concerned. For any withdrawals received after this time, except when accompanied by a medical certificate, the club/crew shall pay a penalty equal to the entry fee.

In the case of a withdrawal the HKCRA may conduct a new draw if required. A withdrawal once made is irrevocable. There shall be no refund of entry fee.

6. Boats and Oars

6.1 All competitors must use their private boats and oars for competition. HKCRA boats will only be allocated to Clubs which do not have boats or do not have sufficient boats to compete in an event and **HKCRA will charge the boat rental fee**. Please find HKCRA staff for the details of the boat rental fee.

7. Medals

- 7.1 Medals will be presented only to the champion(s) of each final race.
- 7.2 In order to comply with the social distancing measures announced by the Government under the Prevention and Control of Disease Ordinance (Cap 599), the Medal Presentation Ceremony will be cancelled and the medals will be presented at registration counter.

8. Entry Fees

- 8.1 Entry fee: All events, **HKD100/entry**, exclude coxswains.
- 8.2 Entry Fee should be paid to Regatta Central through Paypal which is an online payment platform (https://www.paypal.com/hk).
- 8.3 Arrangements for Entry Fee upon Postponement/ Cancellation:
 - a) If the event is rescheduled to be held within one month the HKCRA will not refund any entry fees but will apply those entry fees to the rescheduled event. Entry fees will not be refunded even where some entered crews do not compete at the rescheduled event.
 - b) The event cannot be rescheduled and is therefore cancelled In view of the development of the COVID-19 epidemic, 100% of the paid entry fee will be refunded.
 - c) The entry cannot be accepted after conducting a draw the HKCRA will refund the entry fee to related clubs, club representative should provide the named payee with refund amount to HKCRA on or before Wed, 7 July 2021.

9. Others

9.1 Please note that the HKCRA has the right to film video or take photographs for marketing, promotional and educational purpose.

10. Special Arrangement during Novel Coronavirus (COVID-19)

- 10.1 All participants should comply with the Prevention and Control of Disease (Prohibition on Group Gathering) Regulation (Cap 599G) on the prohibition of group gatherings of more than the number of people as stipulated by the law;
- 10.2 All participants entering the Rowing Centres should use hand sanitizer and wear a mask before and after rowing;
- 10.3 The maximum number of players and officials to be allowed in both Rowing Centres at any time during competition and training match should follow the rules and regulations of Shing Mun Rowing Challenge II;
- 10.4 All participants should have body temperature screening before entering rowing centres. Those with symptoms such as fever or respiratory illness will not be allowed to enter the Rowing centres;
- 10.5 All participants are required to read the Health Advice for the Prevention of Severe Respiratory Disease associated with a Novel Infectious Agent and fill in the In and Out Record or scan the "LeaveHomeSafe" QR code at Rowing Centres on the race day;
- 10.6 Balcony will be closed at the two Rowing Centres on the race day:
- 10.7 To ensure appropriate social distance between users, alternate shower cubicles and shower heads will be served:
- 10.8 Please avoid staying in the boathouse and go for boat outing as soon as you can;
- 10.9 Please avoid staying in the changing rooms or toilet;
- 10.10 All participants should wash hands with liquid soap and water, and rub for at least 20 seconds. Then rinse with water and dry with a disposable paper towel. If hand washing facilities are not available, or when hands are not visibly soiled, performing hand hygiene with 70 to 80 per cent alcohol-based hand Rub is an effective alternative; and
- 10.11 All rowers must leave the centres within 15 minutes after their own race finished, especially lunch time.

11. Enquiries

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