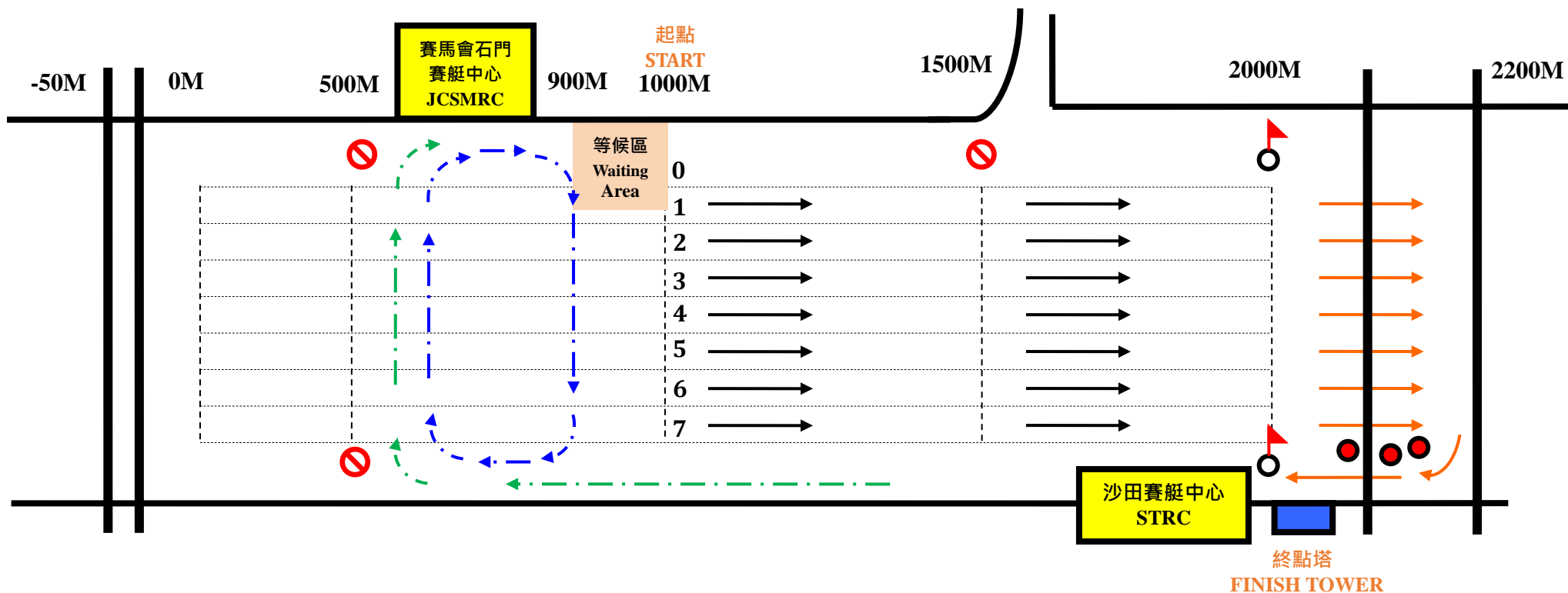


1000 米/m

1000 米比賽航道規則  
Traffic Rules for 1000m Race



**圖示 Legend :**

	比賽方向 Race Direction		禁止進入 No Entry
	熱身方向 Warm Up Direction		放鬆方向及返回賽艇中心 Cool Down Direction and Return to Rowing Centre
	只限返回石門賽艇中心使用 JCSMRC Boats Return Only		大型浮波及紅旗 Large Buoy with Red Flag

**備註 Remarks :**

- 1.) 隊伍須於比賽前最少 15 分鐘到達等候區；及最少 2 分鐘到達其線道上準備起步。當上一場比賽開始後，發令員將會分配線道予下一場的參賽隊伍。  
Crews must arrive the Waiting Area and their Start Lane at least 15 minutes and 2 minutes respectively before the race start. After starting the previous race, the Starter will allocate a lane to the crews of next race.
- 2.) 艇隻在熱身時祇許在“500M - 900M”內轉向。  
Boats should only turn and circulate in between 500M - 900M for warm up.