

Organized by

Subvented by

As at 21/10/2020

Appendix I



Shing Mun River Regatta III

Race Notice

Organized by : Hong Kong, China Rowing Association (HKCRA)
 Subvented by : Leisure and Cultural Services Department
 Date : 15 November 2020 (Sun)
 Time : 9:00 a.m. – 5:00 p.m.
 Venue : Sha Tin Rowing Centre / Jockey Club Shek Mun Rowing Centre
 Race Distance : 1000m & 2000m
 Registration Period : 28 October 2020 (Wed) to 4 November 2020 (Wed)
 Entry Deadline : **Wed, 4 November 2020 (12 00 noon, HK Time)**

1. Events

Categories	Group	Events
Open Events (2000m)	A	Men's 1x
	B	Men's 2x
	B	Men's 4x
	A	Men's 4+
	B	Men's 8+
	B	Women's 1x
	A	Women's 2x
	B	Women's 4x
	B	Women's 4+
Junior Events (1000m)	A	Women's 8+
	/	Women's 2x
Masters Events (1000m)	/	Men's 4x+
	A	Men's 1x
	B	Women's 1x
	A	Men's 4+

- 1.1 The final race schedule will be subject to the total number of entries received in each event.
- 1.2 Masters events are restricted to rowers who have attained the age of 27 years (Born on or before 31 Dec 1993). The different age categories will be combined and this applies to both men's and women's events.
- 1.3 Junior events are restricted to rowers who must reach the age of 18 or below at 31 Dec 2020.

2. Rules of Racing

- 2.1 The races shall be rowed in accordance with the Rules of Racing of the HKCRA. (Please refer to <http://www.rowing.org.hk/hk/rules-of-racing/>).

3. Eligibility

- 3.1 Each participant shall enter a maximum of 1 event from Group A and 1 event from Group B.**
- 3.2 All competitors must be registered with HKCRA as Registered Rowers (RR) for the purpose of competing any HKCRA regattas. The Rowing Centre Users are automatically registered as RR.) **Application and collection for the HKCRA Rowing Centre User card will not be entertained on the day of the regatta. Persons who are not Centre Users or RR will not be allowed to race and no exceptions will be made under any circumstances.**
- 3.3 Please submit valid Centre User's names on the **Regatta Central** which Centre Users status **MUST be valid on the racing day**, otherwise **the rower CANNOT take part in that regatta** and the HKCRA will charge **HKD100 administrative fee per head**.
- 3.4 The deadline for renewing the Centre Users' status for entry to this Regatta is **Fri. 30 October 2020 (12 noon, HK Time)**, otherwise, he/she will **NOT** be able to submit online application nor to race.
- 3.5 Every crew must enter and compete under the name of a Club registered with the HKCRA. **No rower may compete for two different Clubs at the same Regatta.**
- 3.6 Each competitor shall be responsible for his/her own health and fitness and able to swim 50 meters in light clothing.
- 3.7 Participants (except coxswains) must compete in events of their own sex origin.
- 3.8 Coxswains shall be weighed wearing racing uniform on tested scales **not less than one hour and not more than two hours before their first race in each event** in which they are competing on each day of competition. The minimum weight for a coxswain (wearing racing uniform) is 50 kg for Men's events and 40 kg for Women's events. (To make up this weight, a coxswain may carry additional deadweight as close as practicable to his/her person in the boat. No article of racing equipment shall be considered as part of this deadweight).
- 3.9 Each participating Club shall assign at least 1 representative to attend the **Team Managers' Meeting at 07:50am in Sha Tin Rowing Centre on 15 November 2020 (Sun)**.
- 3.10 Club Representatives can collect their Bow Number Plate for each race at the Registration Counter. The Number Plate must be returned directly after the race. A fine of HKD100 will be charged for any loss or damage.
- 3.11 **ONE** representative of each club is required to report at Registration Counter with their crew members' valid HKCRA Centre User Cards or any identification documents showing the crew's name at the landing stage of Sha Tin Rowing Centre or Jockey Club Shek Mun Rowing Centre 1 hour before the scheduled start time of their race. No final call will be announced.

Report to Registration Counter by 1 representative of each club				
Weight-In	Registration & borrow No. Plate	Withdrawal Form submission (if needed)	Crew Change Form submission (if needed)	Move the race boat to the pontoon and outing
1-2 hrs. before the race start	1 hour before the race start	1 hour before the first heat of the Event	30 mins before the race start	Suggest 25 mins. before start

- 3.12 Boats leaving the pontoons at both Centres must do so in the direction of the Competition Traffic Circulation Pattern as shown and keep a careful lookout for races in progress and be prepared to give way.
- 3.13 In order to protect the safety of rowers, the bows of all boats shall be fitted with a solid white ball shape, minimum 4 cm in diameter and crews should ensure the racing boat are tightened with heel restraints.
- 3.14 All crews shall be within 100 meters of the start (the starting area) 15 minutes before the scheduled time of the race. Crews shall not proceed onto the course until instructed to do so by an official at the start. Crews shall be on their starting positions 2 minutes before the scheduled time of the race, unless otherwise instructed by an official.
- 3.15 The starter may start a race without reference to absentees.
- 3.16 In the event of a crew or crews withdrawing and leaving only one crew, that crew may be required to row over the course to be entitled to the medal.
- 3.17 The HKCRA reserves the right to amend the Schedule of Races should circumstances require.
- 3.18 Protests: A crew whose Objection has been rejected or crews affected by the Umpire's decision on the Objection may lodge a Protest in writing to the Jury not later than 30 minutes after the Umpire has advised his/ her decision regarding the Objection. The Protest shall be accompanied by a deposit of HKD500, which amount shall be refunded if the Protest or Appeal is successful. In all cases relating to the conduct of a race, the decision of the jury shall be final and without further appeal.

4. Entry Procedures

- 4.1 Clubs wishing to take part in this regatta should complete the registry through Regatta Central (<https://www.regattacentral.com/>) on **or before Wed, 4 November 2020 (12 00 noon, HK Time)**.
- 4.2 **NO late entry will be accepted as the Online System will reject any late entry automatically.**
- 4.3 **The HKCRA will NOT accept any hard copy or email application.**

5. Withdrawals (Refer to rule-44)

- 5.1 If a crew withdraws from an Event for which it has been entered, it shall give notice on the designated form to the HKCRA as early as possible; at the latest, it shall give notice of withdrawal no later than one hour before the first heat of the Event concerned. For any withdrawals received after this time, except when accompanied by a medical certificate, the club/crew shall pay a penalty equal to the entry fee.

In the case of a withdrawal the HKCRA may conduct a new draw if required. A withdrawal once made is irrevocable. There shall be no refund of entry fee.

6. Boats and Oars

- 6.1 All competitors must use their private boats and oars for competition. HKCRA boats will only be allocated to Clubs which do not have boats or do not have sufficient boats to compete in an event and **HKCRA will charge the boat rental fee**. Please find HKCRA staff for the details of the boat rental fee.

7. Medals

- 7.1 Medals will be awarded to the Champion, 1st runner-up and 2nd runner-up crews in each event.
- 7.2 Letters of congratulation will also be sent to their schools, informing them of their respective students' success.
- 7.3 A trophy of "Champion Club" will be awarded to the Club at the end of the year, which gains the highest points of summation from all open events in the Shing Mun Rivers through the year as well as Hong Kong Rowing Championships.

Details of the point scoring system are set out as follows:-

Division	Place					
	1 st	2 nd	3 rd	4 th	5 th	6 th
OPEN	14	10	8	6	4	2

- 7.4 Medals will be presented after each Final immediately.

8. Entry Fees

- 8.1 Entry fee: All events, **HKD95/entry, exclude coxswains**.
- 8.2 **Entry Fee should be paid to Regatta Central through Paypal which is an online payment platform (<https://www.paypal.com/hk>) .**
- 8.3 Arrangements for Entry Fee upon Postponement/ Cancellation:
- a) **If the event is rescheduled to be held within one month** – the HKCRA will not refund any entry fees but will apply those entry fees to the rescheduled event. Entry fees will not be refunded even where some entered crews do not compete at the rescheduled event.
- b) **The event cannot be rescheduled and is therefore cancelled** – In view of the need of the HKCRA to bear the logistics and set-up costs, only 50% of the paid entry fee will be refunded.

9. Others

Please note that the HKCRA has the right to film video or take photographs for marketing, promotional and educational purpose.

10. Special Arrangement during **Novel Coronavirus (COVID-19)**

- a) All participants should comply with the Prevention and Control of Disease (Prohibition on Group Gathering) Regulation (Cap 599G) on the prohibition of group gatherings of more than the number of people as stipulated by the law;
- b) All participants entering the Rowing Centres should use hand sanitizer and wear their own masks before and after rowing;
- c) All participants should have body temperature screening before entering rowing centres. Those with symptoms such as fever or respiratory illness **will not be allowed** to enter the Rowing centres;
- d) All participants are required to read the Health Advice for the Prevention of Severe Respiratory Disease associated with a Novel Infectious Agent and fill in the In and Out Record at Rowing Centres on the race day;
- e) Balcony will be **closed** at two Rowing Centres on the race day;
- f) To ensure appropriate social distance between users, alternate shower cubicles and shower heads will be served.
- g) Please avoid staying in the boathouse and go for boat outing as soon as you can;
- h) Please avoid staying in the changing rooms or toilet; and
- i) All participants should wash hands with liquid soap and water, and rub for at least 20 seconds. Then rinse with water and dry with a disposable paper towel. If hand washing facilities are not available, or when hands are not visibly soiled, performing hand hygiene with 70 to 80 per cent alcohol-based hand Rub is an effective alternative.
- j) All rowers must leave the centres **within 15 minutes** after their own race finished, especially lunch time.

11. Enquiries

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