



## Hong Kong Schools Rowing Championships 2018 Race Notice

### Information

- Date & Time : 17 November 2018 (Sat) 9am-5pm (Heats)  
18 November 2018 (Sun) 9am-3pm (Finals)
- Venue : Sha Tin Rowing Centre, 27 Yuen Wo Road, Sha Tin, and  
Jockey Club Shek Mun Rowing Centre, 27 On King Street, Sha Tin
- Deadline of Entry : **16 October 2018 (Tue)**

### 1.Objective

- 1.1.To provide an opportunity to school students to compete the rowing skills with each other and make friends in the Championships.
- 1.2.To encourage schools to take part in the sport of rowing and set up school rowing team.

### 2.Events

Group		Event Name	*1X	^1X	2X	4X+	4X
		<b>Racing Distance</b>	1000m	1000m	1000m	1000m	1000m
Boy's/ Girl's	*Primary A Grade - Under 13	Primary	✓				
	C Grade - Under 14	Secondary		✓	✓	✓	
	B Grade - Under 16			✓	✓	✓	
	A Grade - Under 19			✓	✓		✓
Open					✓		

\*Primary A Grade event will be using Wave Cutter training boat for race

^ For Secondary Schools, each School can enter only one crew in each Single Scull Event.

### 3.Rules of Racing

- 3.1.Please refer to the "Rules of Racing" of Hong Kong, China Rowing Association (HKCRA) at official website at <http://www.rowing.org.hk/wp-content/uploads/2016/03/HKCRA-Rules-of-Racing.pdf> for details.
- 3.2.Open event welcomes the participation of composite crews with different schools, age (Range 14-19) or gender (at least 1 female in each crew), however the results will not be counted in the overall points calculation.

### 4.Eligibility and Notice to Rowers

- 4.1.Rowers must be under 19 years old. (Please bring Student Card for verification during registration at the venue)
- 4.2.Entries must be endorsed by the respective school and participants must be the students of that school.
- 4.3.Rowers must be the students of the school in the current year 2018-2019.
- 4.4.Rowers must be able to swim at least 50 meters with clothes.
- 4.5.Rowers must have the rowing qualification of Star 3 or above issued by the HKCRA or equivalent rowing qualification.
- 4.6.Each rower can only participate in maximum 2 different events, and cannot participate in more than one age group. Open event is not limited by this rule.
- 4.7.If there is an excess of entries in any event, participating schools can only enter one crew of that event.
- 4.8.An event will be cancelled if there is less than 3 participating crews or less than 2 different schools.

## 5. Age Group

According to the Hong Kong Schools Sports Federation (HKSSF), the students' age grouping of 2017-18 are as follows: -

Secondary School	A Grade	Under 19 - Date of birth after 1 January 2000
	B Grade	Under 16 - Date of birth after 1 January 2003
	C Grade	Under 14 - Date of birth after 1 January 2005
Primary School	A Grade	Under 13 - Date of birth after 1 January 2006

## 6. Application Procedure

- 6.1. The completed Entry Form (Annex 1), Declaration (Annex 2) and entry fee (paid via cheque or ATM) should return to the HKCRA by post or in person. (Address: Sha Tin Rowing Centre, 27 Yuen Wo Road, Sha Tin, NT.) Please mark '2018 HKSRC' on envelope.
- 6.2. Entry Fee: HK\$80 / rower / event
- 6.3. Payment method:
  - By cheque : payable to "Hong Kong, China Rowing Association" with the school name written on the backside. Or;
  - Via ATM : please transfer the entry fee to the HSBC account: 002-6-187443, and write the school name on the bank-in-slip, email ([steve.c@rowing.org.hk](mailto:steve.c@rowing.org.hk)) or fax to the HKCRA. (Fax no. 2601 4477)
- 6.4. The HKCRA will only process the application with completed information on the Entry Form and full payment of the entry fee. The applicant should contact the HKCRA to re-confirm if your Entry Form and related information are duly received.

## 7. Points System and Prizes

7.1. Trophies for the "Overall Champion, 1<sup>st</sup> runner-up and 2<sup>nd</sup> runner-up for Men's Events and Women's Events" will be presented to the Secondary Schools according to the points they gained. Points will be awarded as shown below:

Place	Event	Champion	1 <sup>st</sup> Runner-up	2 <sup>nd</sup> Runner-Up	3 <sup>rd</sup> Runner-Up	4 <sup>th</sup> Runner-Up	5 <sup>th</sup> Runner-Up	Have completed the races
Points	1x	10	8	6	4	3	2	1
	2x	20	16	12	8	6	4	2
	4x/4x+	40	32	24	16	12	8	4

- 7.2. Medals will be presented to the Champion, 1<sup>st</sup> Runner-Up and 2<sup>nd</sup> Runner-Up.
- 7.3. Trophy will be presented to the Champion rowers or teams.
- 7.4. Certificates will be presented to the competitors who completed the race.

## 8. Enquiry and Contact

Contact Person:	Mr. Wong Chi Wing (Program Executive/Senior Development Coach)	Mr. Chan Tsz Wang (Assistant Sports Officer)
Email:	wing.w@rowing.org.hk	Steve.c@rowing.org.hk
Tel. number:	2696 2337	Fax: 2601 4477
Website:	<a href="http://www.rowing.org.hk">http://www.rowing.org.hk</a>	Facebook: <a href="http://www.facebook.com/hkrowing">www.facebook.com/hkrowing</a>
Address:	Sha Tin Rowing Centre, 27 Yuen Wo Road, Sha Tin	

## 9. School Rowing Team Training Programme

In order to let the students to experience the water rowing and to provide a systemic training programme leading to this Championships, the HKCRA specially designed the '2017-2018 School Rowing Team Training Programme' from September to November. Details please refer to **Annex 5**.

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| Annex: | 1. Entry Form            | 4. Race Schedule (Latest version refer to HKCRA website) |
|        | 2. Declaration           | 5. 2018-2019 School Rowing Team Training Programme       |
|        | 3. Notice to Competitors |  |