

Organised by



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Hong Kong Intersarsity Rowing Championships 2017

Race Notice

Organized by: The 31st Hong Kong Intersarsity Rowing Championships
Organizing Committee
Co-organized by: Hong Kong, China Rowing Association
Date: 10 / 9 / 2017 (Sun)

1. Events (M8+ (3300m) and W4+ (1500m))

1.1 All participants must be “Universities” students taking full-time course based in Hong Kong during the last academic year (2016-2017)

1.2 “Full-time course” shall mean any courses defined by each institute.

1.3 “Last academic year” shall mean a whole-year course, usually two terms/ semesters.

2. Rules of Racing

2.1 Racing will be conducted under the HKCRA Rules of Racing (which can be found in the HKCRA website).

3. Eligibility

3.1 Each competitor (including coxswains) should be able to present his/her HKCRA membership card and his/her student ID card (except coxswains) for competition.

3.2 Each competitor shall be responsible for his own health and fitness and able to swim for 50 metres in light clothing.

3.3 The minimum weight for a coxswain (wearing racing uniform) is 50 kg for men’s events, 40 kg for women’s events and 40kg for mixed events. (To make up this weight, a coxswain may carry additional deadweight as close as practicable to his person in the boat. No article of racing equipment shall be considered as part of this deadweight.)

3.4 Coxswains shall be weighed wearing racing uniform on tested scales not less than one hour and not more than two hours before their first race in each event in which they are competing on each day of competition.

3.5 Please renew the Centre Users' status by 1.9.2017 (Friday) on the week of that regatta, otherwise, he/she will not be able to race in the The 31st Hong Kong Intervarsity Rowing Championships 2017.

4. Crew Changes Before the First Heat

4.1 Crews – Clubs and Registered Organizations may substitute up to one half the number of rowers (as well as the coxswain, if applicable) in any crews **entered by them**, provided that the substitutes are members of the same Club/ Registered Organizations and the changes are advised in writing to the Organizing Committee at least 1 hour before the start of the Heat concerned.

4.2 Illness or injury – In the case of illness or injury to a member of a crew before the first heat, a substitution may be made if the Organizing Committee is satisfied that the nature of the illness or injury is such to prevent the rower from competing. Such a substituted rower may not compete again on the same day, but may compete in a later round of the same Event on the following day subject to the Organizing Committee being satisfied that the reason for the substitution and reinstatement was genuinely related to the illness or injury and the rower's recovery.

5. Boats and Oars

5.1 All competitors must use their private boats for competition.