

2016-2017 School Rowing Team Training Programme

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Appendix 5

Programme Details

Date	:	September to November 2016
Time	:	54 hrs will be the basic training course. Exact arrangement will be discussed with the schools later.
Venue	:	Sha Tin Rowing Centre OR Jockey Club Shek Mun Rowing Centre
Eligibility	:	Secondary school students (2016-2017) who can swim at least 50 meters in light clothing and are physically fit and capable to participate in basic training.
		For those students who have Star 3 level would take part in the “Young Rowing Athletes Training Scheme” in order to have continuous training. (Details would contact our Programme Executive/Senior Development Coach - Mr. Wong Chi Wing.)
No. of participants	:	4-8 students (Teachers can be the leader in the team)
Transportation	:	Self-arrange
Dress Code	:	Sporty shoes and wear (Life jacket will be provided at venue)
Content	:	Basic knowledge, strategies and techniques on the water rowing are included and basic conducted by the Qualified and professional coaches
Programme Fee	:	HK\$240 per person
Deadline of application	:	16th September 2016 (Fri)
Application Method	:	Enrollment should be done under the name of School. Please complete the Application Form and Declaration Form respectively and fax to 2601-4477 or e-mail to kaka.c@rowing.org.hk or mail to Sha Tin Rowing Centre, 27 Yuen Wo Road, Sha Tin. (Please state “School Rowing Team Training Programme” on the envelope.)
Important Notes	:	1. Participants cannot change or replace after the course starts. 2. Each participant (signature from parent or adult guardian is required for those participants aged below 18 years old) must sign on the declaration. The application will <u>NOT</u> be accepted without participants’ and parent’s or adult guardian’s signature where applicable, on the Declaration Form.
Remarks	:	We will confirm your enrollment and inform schools by 21th September 2016 (Wed) . Should you do not receive any feedback by that day, please feel free to contact us.
Enquiries	:	Mr. Wong Chi Wing, Program Executive/Senior Development Coach Ms. Cheung Ka Ka, Assistant Sports Officer Tel: 2696 2337 or 2699 7271

Training Schedule

Type of boats	Months	Training arrangements		Location
Sculling Boat	Sep-Nov	54 hrs	3 hrs per lesson(Mon-Fri)	Sha Tin Rowing Centre or Jockey Club Shek Mun Rowing Centre
			4 hrs per lesson (Sat)	

*Remarks: * Schools can only choose the above course schedule. The HKCRA will arrange venue and coaches with the respective schools after deadline of application.*

Application Form of School Rowing Team Training Programme

Address: Sha Tin Rowing Centre, 27 Yuen Wo Road, Sha Tin

Fax No: 2601 4477 / Email: kaka.c@rowing.org.hk

Name of School : _____

Name of Teachers or Person Responsible : _____ Contact Number : _____ (Mobile)

Email : _____ Fax : _____

Corresponding address : _____

Write the name in BLOCK LETTERS :

NO.	Chi. Name	Eng. Name	#Gender	D.O.B (DD/ MM/ YY)	Remarks
1			M / F		
2			M / F		
3			M / F		
4			M / F		
5			M / F		
6			M / F		
7			M / F		
8			M / F		

Delete if appropriate.

(School's Seal)

Signature of
 Teacher/ Person Responsible : _____

Name of
 Teacher/ Person Responsible : _____

Date : _____

Declaration of Participants

Copy if necessary

As a condition of myself / my child being permitted to compete in the 2016-2017 School Rowing Team Training Programme (collectively “Event”) and in consideration of the opportunity to take part in the Event, I confirm to the Hong Kong, China Rowing Association (HKCRA), their successors and assigns, servants and agent (collectively “Organizer”) as follows: -

1. I / my child understand that by participating in the Event, there are risks of injury, death and/or loss. I am / my child is entering the Event at my own risk and responsibility.
2. I / my child hereby discharge the Organizer and any other individual or organization connected directly or indirectly with the Event from any responsibility in the event of injury, death or loss of property incurred during, as consequence of or while traveling to and from the Event.
3. I / my child declare that I / my child can swim at least 50 meters in light clothing and physically fit and capable of participating in the Event.
4. I / my child agree that the Organizer is permitted to collect, store and use my / my child’s personal data (as defined in the Personal Data (Privacy) Ordinance) as provided by me / my child in this Declaration or for the Event for the purpose of or in connection with the Event (including organization, promotion, and publicity of the Event etc.).
5. I / my child further agree that the HKCRA may pass on such personal data to such of its supporting organizations for the purpose of or in connection with the Event.
6. I / my child understand and agree to provide my / my child’s HKID Card/Passport to verify my/ my child’s personal details, including age, to the HKCRA upon request.
7. By signing this Declaration, I / my children agree to and confirm to accept all of the terms, conditions and points made and subsequently raised in the important notes, declarations and conditions.

Personal Data (Privacy) Ordinance

The information provided by the applicant(s) will only be used for the enrollment and promotion of recreation and sports activities organized by the HKCRA. For correction of or access to the personal data after submission of the Declaration, please contact the Hong Kong, China Rowing Association.

For applicants aged below 18, the application must be approved by his parent or adult guardian.

Signature of Participant

Signature of parent or adult guardian

(Required if applicant is aged below 18)

: _____

: _____

Name of Participant :

Name of parent or adult guardian:

Date : _____

Date : _____

Emergency Contact (Compulsory)

Emergency Contact Person : _____

Relationship : _____

Emergency Contact Tel. : _____