



H. K. S. S. F.  
香港學界體育聯會



中國香港賽艇協會  
HONG KONG, CHINA ROWING ASSOCIATION



康樂及文化事務署  
Leisure and Cultural  
Services Department



## Hong Kong Schools Rowing Championships 2016

### Race Notice

#### Information

Date & Time	:	12 November 2016 (Sat) 9am-5pm (Heats) 13 November 2016 (Sun) 8:30am- 2:30pm (Finals)
Venue	:	Sha Tin Rowing Centre, 27 Yuen Wo Road, Sha Tin, and Jockey Club Shek Mun Rowing Centre, 27 On King Street, Sha Tin
Deadline of Entry	:	<b>21 October 2016 (Fri)</b>

#### 1.Objective

- 1.1.To provide an opportunity to school students to compete the rowing skills with each other and make friends in the Championships.
- 1.2.To encourage schools to take part in the sport of rowing and set up school rowing team.

#### 2.Events

Group		Event Name	*1X	^1X	2X	4X+	4X
			Racing Distance	1000m	1000m	1000m	1000m
Boy's/ Girl's	*Primary A Grade - Under 13	Primary	✓				
	C Grade - Under 14	Secondary		✓	✓	✓	
	B Grade - Under 16			✓	✓	✓	
	A Grade - Under 19			✓	✓		✓
Open (New)					✓		

\* Primary A Grade event will be using Wave Cutter training boat for race

^ For Secondary Schools, each School can enter only one crew in each Single Scull Event.

#### 3.Rules of Racing

- 3.1.Please refer to the "Rules of Racing" of Hong Kong, China Rowing Association (HKCRA) at official website at [http://www.rowing.org.hk/wp-content/uploads/2016/03/HKCRA\\_-\\_Rules-of-Racing.pdf](http://www.rowing.org.hk/wp-content/uploads/2016/03/HKCRA_-_Rules-of-Racing.pdf) for details.
- 3.2.Open event welcomes the participation of composite crews with different schools, age (Range 14-19) or gender (at least 1 female in each crew), however the results will not be included in the overall points calculation.

#### 4.Eligibility and Notice to Rowers

- 4.1.Rowers must be 19 years old or under. (Please bring Student Card for verification during registration at the venue)
- 4.2.Entries must be endorsed by the respective school and participants must be the students of that school.
- 4.3.Rowers must be the students of the school in the current year 2016-2017.
- 4.4.Rowers must be able to swim at least 50 meters with clothes.
- 4.5.Rowers must have the rowing qualification of Star 3 or above issued by the HKCRA or equivalent rowing qualification.
- 4.6.Each rower can only participate in maximum 2 different events, and cannot participate in more than one age group. Open event is not limited by this rule.
- 4.7.If there is an excess of entries in any event, participating schools can only enter one crew of that event.
- 4.8.An event will be cancelled if there is less than 3 participating crews or less than 2 different schools.

## 5. Age Group

According to the HKSSF, the students' age grouping of 2016-17 are as follows:

Secondary School	A Grade	Under 19 - Date of birth after 1 January 1998
	B Grade	Under 16 – Date of birth after 1 January 2001
	C Grade	Under 14 – Date of birth after 1 January 2003
Primary School	A Grade	Under 13 – Date of birth after 1 January 2004

## 6. Application Procedure

- 6.1. The completed Entry Form (Appendix 1), Declaration (Appendix 2) and entry fee (paid via cheque or ATM) should return to the HKCRA by post or in person. Address: Sha Tin Rowing Centre, 27 Yuen Wo Road, Sha Tin, NT. Please mark '2016 HKSRC' on envelope.
- 6.2. Entry Fee: HK\$70 / rower / event
- 6.3. Payment method:  
By cheque : payable to "Hong Kong, China Rowing Association" with the school name written on the backside. Or;  
Via ATM : please transfer the entry fee to the HSBC account: 002-6-187443, and write the school name on the bank-in-slip, email ([kaka.c@rowing.org.hk](mailto:kaka.c@rowing.org.hk)) or fax back to the HKCRA. (Fax no. 2601 4477)
- 6.4. The HKCRA will only process the application with completed information on the Entry Form and full payment of the entry fee. The applicant should contact the HKCRA to re-confirm if your Entry Form and related information are duly received.

## 7. Points System and Prizes

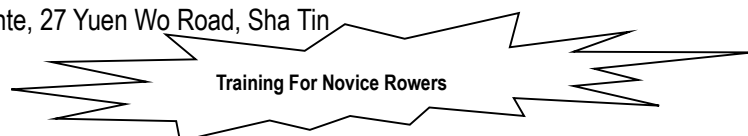
7.1. Trophies for the "Overall Champion, 1<sup>st</sup> runner-up and 2<sup>nd</sup> runner-up for Men's Events and Women's Events" will be presented to the Secondary Schools according to the points they gain. Points will be awarded as shown below:

Place	Event	Champion	1 <sup>st</sup> Runner-up	2 <sup>nd</sup> Runner-Up	3 <sup>rd</sup> Runner-Up	4 <sup>th</sup> Runner-Up	5 <sup>th</sup> Runner-Up	Have completed the races
Points	1x	10	8	6	4	3	2	1
	2x	20	16	12	8	6	4	2
	4x/4x+	40	32	24	16	12	8	4

- 7.2. Medals will be presented to the Champion, 1<sup>st</sup> Runner-Up and 2<sup>nd</sup> Runner-Up.
- 7.3. Trophy will be presented to the Champion rowers or teams.
- 7.4. Certificates will be presented to the competitors who completed the race.
- 7.5. Special prizes provided by sponsor, 'Polar Electro HK Ltd', will be presented to the Champion some of the event, event to be confirmed.

## 8. Enquiry and Contact

Contact	Mr. Wong Chi Wing	Ms. Cheung Ka Ka
Person:	(Program Executive/Senior Development Coach)	(Assistant Sports Officer)
Email:	<a href="mailto:wing.w@rowing.org.hk">wing.w@rowing.org.hk</a>	<a href="mailto:kaka.c@rowing.org.hk">kaka.c@rowing.org.hk</a>
Tel. number:	2696 2337	Fax: 2601 4477
Website:	<a href="http://www.rowing.org.hk">http://www.rowing.org.hk</a>	Facebook: <a href="http://www.facebook.com/hkrowing">www.facebook.com/hkrowing</a>
Address:	Sha Tin Rowing Centre, 27 Yuen Wo Road, Sha Tin	



## 9. School Rowing Team Training Programme

In order to let the students to experience the water rowing and to provide a systemic training programme leading to this Championships, the HKCRA specially designed the '2016-2017 School Rowing Team Training Programme' from September to November. Details would refer to **Appendix 5**.

\*\*\*\*\*

- Appendices:**
1. Entry Form
  2. Declaration
  3. Notice to Competitors
  4. Race Schedule (Latest version refer to HKCRA website)
  5. 2016-2017 School Rowing Team Training Programme – Information and Application Form