

### Race Bulletin for Local Clubs

#### 1. Invitation

The Hong Kong, China Rowing Association (HKCRA) is pleased to invite crews to compete at the 38<sup>th</sup> Hong Kong Rowing Championships.

Organizer : Hong Kong, China Rowing Association (HKCRA)  
 Subvented by : Arts and Sport Development Fund (Home Affairs Bureau)  
 Supported by : Leisure & Culture Services Department (LCSD)  
 Competition Dates : 29 October 2016 (Saturday) & 30 October 2016 (Sunday)  
 Venue : Sha Tin Rowing Centre & Jockey Club Shek Mun Rowing Centre  
**Final Entry Deadline : 12 September 2016 (Monday) 12:00 midnight (HK Time)**

**\*\* Please note that crews should ensure they are available to row on both days – the final race schedule may be changed subject to the total number of entries received in each event.**

#### 2. Venue Introduction

The Championships will be held over six lanes on the Shing Mun Regatta Course at Sha Tin, New Territories which was the venue for the 14th Asian Junior Rowing Championships, East Asian Games (Rowing Event) and the Asian Rowing Cup II in 2008, 2009 and 2013 respectively. It is a tidal river and the course has been used for the Championships since 1982.

Access to Sha Tin from the main urban/ central areas is very convenient by road or electric suburban train to:-

- A) Fo Tan MTR Station, from where it is a five minutes - walk to the Sha Tin Rowing Centre, or
- B) Sha Tin MTR Station, taking KMB (Bus) Route No. 284 to Ravana Garden, from where it is a ten minutes - walk to the Jockey Club Shek Mun Rowing Centre.



# 38<sup>th</sup> Hong Kong Rowing Championships

## 第38屆香港賽艇錦標賽

### 3. Race Distance

All events distance will be 2000 meters start from a fixed starting pontoon, except Masters, Corporate Cup, Disciplinary Forces Cup and Para-Rowing events which will be 1000 meters for race distance with floating start.

### 4. Events

The Championships will consist of the following events:-

#### Men's Open Events

#### Women's Open Events

Single Sculls	(M1x)	Single Sculls	(W1x)
Double Sculls	(M2x)	Double Sculls	(W2x)
Fours	(M4-)	Fours	(W4-)
Quadruple Sculls	(M4x)	Quadruple Sculls	(W4x)
Eights	(M8+)	Eights	(W8+)

#### Para-Rowing Events

LTA Men Single Sculls	(LTA-M1x)
LTA Women Single Sculls	(LTA-W1x)
AS Men Single Sculls	(AS-M1x)
AS Women Single Sculls	(AS-W1x)
ID Mixed Coxed Fours	(LTA-IDMix4+)

#### Masters Events

	1x		2x		4-	4x		8+	
	Men's	Men's	Women's	Men's	Men's	Women's	Men's	Women's	
Master A	√	√	√	√	√	√	√	√	
Master B	√	√	√	√	√	√	√	√	
Master C	√	√	√	√	√	√	√	√	
Master D	√	√	√	√	√	√	√	√	
Master E	√	√	√	√	√	√	√	√	
Master F	√	√	√	√	√	√	√	√	

#### Disciplinary Forces Cup Events and Corporate Cup Events

	Men's Event	Women's Event
Disciplinary Forces (DF)	Coxed Fours (DF 4x+)	
Corporate (Corp)	Coxed Fours (Corp J4+)	

#### University Challenges - NEW event

Men's	Women's
(UC M8+)	(UC W8+)

#### Notes:

- 4.1 Club representatives are advised to make their entries with reference to the "**Preliminary Race Schedule**" (**Annex 1**), especially for participants intending to enter for two events. Race Schedule may be changed subject to the total number of entries received in each event.

# 38<sup>th</sup> Hong Kong Rowing Championships

## 第38屆香港賽艇錦標賽

4.2 The Masters events are held according to the FISA Masters Categories as follows:-

Category A	Minimum age: 27 years
Category B	Average age : 36 years or more
Category C	Average age : 43 years or more
Category D	Average age : 50 years or more
Category E	Average age : 55 years or more
Category F	Average age : 60 years or more

*\*Age categories do not apply to coxswains.*

4.3 Crews of different Masters age categories and gender may be rowed in the same heat if there are less than six entries in any category. Medals will be awarded based on the respective categories.

4.4 Coxswains must be weighed with racing uniform on tested scales not less than one hour and not more than two hours before their first race in each Event in which they are competing on each day of competition.

4.5 **“University Challenges”** welcome the participation of current or alumni rowers from the **SAME** Local/ Overseas University.

### 5. Rules of Racing

The races shall be rowed in accordance with the Rules of Racing of the HKCRA.  
(Please refer to <http://www.rowing.org.hk/web/en/HKRCARULENEW.pdf>)

### 6. Prizes

6.1 Medals will be presented for the Champion, 1<sup>st</sup> and 2<sup>nd</sup> runner-up of crew(s) in each event.

6.2 Champion teams in “University Challenges” events will receive a Trophy while Medals will be awarded to the Champion, 1<sup>st</sup> and 2<sup>nd</sup> runner-up of crew(s) in each event.

6.3 The name of the Club with the most gold medals in this Championships will be engraved on the “Hong Kong, China Rowing Association 31<sup>st</sup> Anniversary Memorial Cup”.

6.4 In the “Disciplinary Forces Cup” and “Corporate Cup” events trophies and medals will be presented to the Champion team, 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> runner-up of crews in each event.

### 7. Souvenir

Each participating rower will receive a souvenir provided by the Organizing Committee (OC).

### 8. Entry Fees

Boat Types	Charge
Eights (8+)	HKD880.00 per crew per event
Fours (4x/4-/4+)	HKD440.00 per crew per event
Double (2x)	HKD220.00 per crew per event
Single (1x)	HKD110.00 per crew per event

# 38<sup>th</sup> Hong Kong Rowing Championships

## 第38屆香港賽艇錦標賽

- 8.1 The Entry Fee can be paid to Regatta Central through Paypal which is an online payment platform (<https://www.paypal.com/hk>) on or before the Final Entry Deadline, i.e. 12 September 2016 (Monday). Welcoming Dinner and Celebration Drink Party are included in the fee.
- 8.2 **Entries will only be accepted from rowers who are current HKCRA Registered Rowers.** All rowers who wish to take part in this Championships **MUST** renew their Centre User's status **by 30 September 2016 (Friday)**. **No renewal of Centre User status'** service will be arranged at either Sha Tin Rowing Centre or Jockey Club Shek Mun Rowing Centre after that date.
- 8.3 **Late entries will only be accepted if there are available spaces in the schedule. Late entries, where accepted, will be required to pay double entry fee. The OC reserves the right to reject any late entry.**

### 9. Entry Procedures

- 9.1 Every crew must enter and compete under the name of a Club or Organization which registered with the HKCRA. No rower is allowed to compete for more than one Club at the Championships.
- 9.2 Each competitor shall be responsible for his/her own health and fitness and able to swim at least 50 meters in light clothing.
- 9.3 Clubs wishing to take part in the Championships should complete the registry through Regatta Central (<https://www.regattacentral.com/>) on or before **12:00 midnight, 12 September 2016 (Monday)**.
- 9.4 **NO late entry will be accepted as the Online System will reject any late entry automatically.**
- 9.5 The HKCRA will **NOT** accept any hard copy or e-mail application.

**Deadline of Submission: 12 September 2016**

### 10. The Draw

The draw will be conducted on **6 October 2016** at HK Time 7:30 p.m. at the Sha Tin Rowing Centre.

### 11. Arrangement for Entry Fee in the case of event cancellation

In view of the need of the HKCRA to bear the logistics and set-up costs, only 50% of the paid entry fee will be refunded.

### 12. Equipment

All competitors should use their own equipment for competition. HKCRA will only allocate equipment to overseas teams and the Clubs which do not have sufficient equipment to compete in an event.

# 38<sup>th</sup> Hong Kong Rowing Championships

## 第38屆香港賽艇錦標賽

### 13. Race Uniform

Race uniform should be identical. Uniform colour and design for Local Clubs & Universities must be the same as the HKCRA registered club colours.

### 14. Welcoming Dinner

A Welcoming Dinner (Stand-up buffet) will be organized for local and overseas competitors on **28 October 2016**, starting from 7:00pm (to be confirmed).

A souvenir will be presented to each participating team during the Welcoming Dinner and it will be a great experience and cultural exchange between local and overseas teams.

All coaches, team managers and competitors are cordially invited to attend (Dress code: casual), and no additional charge will be required. Interested crews please indicate your availability by completing "**Reply Slip of Welcoming Dinner**" (**Annex 2**). Reservations will be made on "FIRST-COME-FIRST-SERVED basis".

### 15. Celebration Drink Party

A Celebration Drink Party will be held on **30 October (Sunday)** around 3:25pm (to be confirmed). Details will be announced later. Interested crews please indicate your availability at "**Reply Slip of Celebration Drink Party**" (**Annex 2**).

**Deadline of Submission: 12 September 2016**

### 16. Souvenir Programme

A Souvenir Programme will be published and distributed during the Championships with the team photo of each participating team.

To facilitate the production, please provide your team photo by e-mail to [hkrc@rowing.org.hk](mailto:hkrc@rowing.org.hk).

**Deadline of Submission: 12 September 2016**

### 17. Your Action Deadlines

<b>Deadline</b> <i>(on or before 12:00 midnight, HK Time)</i>	<b>Actions</b>	<b>Annex</b>
N/A	: ➤ Preliminary Schedule	1
12 September	: ➤ Submission of a team photo for Souvenir Programme	--
	➤ Reply Slip of Welcoming Dinner	2
	➤ Reply Slip of Celebration Drink Party	2

# 38<sup>th</sup> Hong Kong Rowing Championships

## 第38屆香港賽艇錦標賽

### 18. Organizing Committee of 38<sup>th</sup> Hong Kong Rowing Championships

Chairman	Mr. NG Kong Wan	
Members	Mr. CHEUNG Ming Hang, Keith	Mr. TANG Pak Hin, Jerry
	Mr. CHIU Tak Wing	Ms. Elizabeth Alice Emma WRAY
	Mr. HUI Sze Ho, Horace	Ms. NGO Sin Yee, Sallie
	Mr. LEE Chi Yung, Victor	

### 19. Enquiries and Correspondence

All correspondence to : **Ms. LAU Nga Ting, Ang**  
**Coordinator, Organizing Committee**  
**38<sup>th</sup> Hong Kong Rowing Championships**  
 Sha Tin Rowing Centre  
 27 Yuen Wo Road, Sha Tin, N.T., Hong Kong

Telephone : 2699-7229 / 2699-7271  
 Fax : 2601-4477  
 E-mail : [hkrc@rowing.org.hk](mailto:hkrc@rowing.org.hk)

The Hong Kong Rowing Championships relies on your enthusiasm, help and participation. If any clubs or individuals wish to assist in any areas of management or in providing helpers on the days leading up to the Championships, please let us know as soon as possible.

Organizing Committee  
 38<sup>th</sup> Hong Kong Rowing Championships  
 25 July 2016