







w M R R N N M R R G KONG, CHINA ROWNG ASSOCIATION Shing Mun River Regatta III 31st July 2016

Race Schedule

| TEAM MANAGERS' MEETING (07:50 - 08:20) | | | | |
|--|-------|--|--------|----------|
| Race | Time | Event | | Distance |
| 1 | 09:00 | Men's Open 1x | Heat 1 | 2000 m |
| 2 | 09:10 | Men's Open 1x | Heat 2 | 2000 m |
| 3 | 09:20 | Men's Open 4- | Heat 1 | 2000 m |
| 4 | 09:35 | Men's Open 4- | Heat 2 | 2000 m |
| 5 | 09:50 | Women's Open 2x | Heat 1 | 2000 m |
| 6 | 10:00 | Women's Open 2x | Heat 2 | 2000 m |
| 7 | 10:10 | Women's Open 8+ | Heat 1 | 2000 m |
| 8 | 10:20 | Women's Open 8+ | Heat 2 | 2000 m |
| 9 | 10:30 | Men's Open 4+ | Heat 1 | 2000 m |
| 10 | 10:40 | Men's Open 4+ | Heat 2 | 2000 m |
| 11 | 10:50 | Men's Masters 1x & Women's Masrers 2x | Final | 1000 m |
| Break (11:00 - 11:10) | | | | |
| 12 | 11:10 | Men's Open 1x | Final | 2000 m |
| 13 | 11:20 | Men's Open 4- | Final | 2000 m |
| 14 | 11:35 | Women's Open 2x | Final | 2000 m |
| 15 | 11:45 | Women's Open 8+ | Final | 2000 m |
| 16 | 11:55 | Men's Open 4+ | Final | 2000 m |
| Lunch Break (12:05 - 13:35) | | | | |
| 17 | 13:35 | Men's Masters 4x | Final | 1000 m |
| 18 | 13:45 | Women's Open 4- | Heat 1 | 2000 m |
| 19 | 14:00 | Women's Open 4- | Heat 2 | 2000 m |
| 20 | 14:15 | Women's Open 4+ | Heat 1 | 2000 m |
| 21 | 14:25 | Women's Open 4+ | Heat 2 | 2000 m |
| 22 | 14:35 | Men's Open 2x | Heat 1 | 2000 m |
| 23 | 14:45 | Men's Open 2x | Heat 2 | 2000 m |
| 24 | 14:55 | Men's Open 8+ | Heat 1 | 2000 m |
| 25 | 15:05 | Men's Open 8+ | Heat 2 | 2000 m |
| 26 | 15:15 | Women's Open 1x | Final | 2000 m |
| Break (15:25 - 15:45) | | | | |
| 27 | 15:45 | Women's Open 4- | Final | 2000 m |
| 28 | 16:00 | Women's Open 4+ | Final | 2000 m |
| 29 | 16:10 | Men's Open 2x | Final | 2000 m |
| 30 | 16:20 | Men's Open 8+ | Final | 2000 m |